The Language of Magazines

‘Clear and detailed, the book brings theory alive as it encourages students to investigate magazines, pointing them to the relevant and interesting areas.’
Francesca Pridham, *Winstanley College, Wigan, Lancashire*

‘This excellent book is the first ever to focus exclusively on the language of magazines. Detailed and full of examples, it is nevertheless highly accessible and is sure to prove popular with students.’
Dr Mary Talbot, *School of Arts, Design and Media, University of Sunderland*

This accessible satellite textbook in the Routledge INTERTEXT series is unique in offering students hands-on practical experience of textual analysis focused on magazines. Written in a clear, user-friendly style by an experienced teacher, it combines practical activities with texts, followed by commentaries and suggestions for further reading. It can be used individually or in conjunction with the series core textbook, *Working with Texts: A core book for language analysis*.

Aimed at A-Level and beginning undergraduate students, *The Language of Magazines*:

- shows how linguistic techniques such as puns and presuppositions are used by magazines to capture our attention
- examines how image and text combine to produce meaning
- discusses how ideological messages are conveyed
- analyses how gender is constructed through language
- looks at how magazines relate to culture
- explores a wide variety of magazines, including *Cosmopolitan, Men’s Health, Bliss, Diva, FHM, Sugar* and *Viz*

*Linda McLoughlin* is a part-time lecturer in English Language at Edge Hill College, Ormskirk, Lancashire. She has designed and taught BA and MA courses in English Language, specialising in language and gender.
The Intertext series

- Why does the phrase ‘spinning a yarn’ refer both to using language and making cloth?
- What might a piece of literary writing have in common with an advert or a note from the milkman?
- What aspects of language are important to understand when analysing texts?

The Routledge INTERTEXT series will develop readers’ understanding of how texts work. It does this by showing some of the designs and patterns in the language from which they are made, by placing texts within the contexts in which they occur, and by exploring relationships between them.

The series consists of a foundation text, *Working with Texts: A core book for language analysis*, which looks at language aspects essential for the analysis of texts, and a range of satellite texts. These apply aspects of language to a particular topic area in more detail. They complement the core text and can also be used alone, providing the user has the foundation skills furnished by the core text.

**Benefits of using this series:**
- **Unique** – written by a team of respected teachers and practitioners whose ideas and activities have also been trialled independently
- **Multi-disciplinary** – provides a foundation for the analysis of texts, supporting students who want to achieve a detailed focus on language
- **Accessible** – no previous knowledge of language analysis is assumed, just an interest in language use
- **Comprehensive** – wide coverage of different genres: literary texts, notes, memos, signs, advertisements, leaflets, speeches, conversation
- **Student-friendly** – contains suggestions for further reading; activities relating to texts studied; commentaries after activities; key terms highlighted and an index of terms
The series editors:

Ronald Carter is Professor of Modern English Language in the Department of English Studies at the University of Nottingham and is the editor of the Routledge INTERFACE series in Language and Literary Studies. He is also co-author of *The Routledge History of Literature in English*. From 1989 to 1992 he was seconded as National Director for the Language in the National Curriculum (LINC) project, directing a £21.4 million inservice teacher education programme.

Angela Goddard is Senior Lecturer in Language at the Centre for Human Communication, Manchester Metropolitan University, and was Chief Moderator for the project element of English Language A-Level for the Northern Examination and Assessment Board (NEAB) from 1983 to 1995. Her publications include *The Language Awareness Project: Language and Gender*, vols I and II, 1988, and *Researching Language*, 1993 (Framework Press).

Core textbook:

*Working with Texts: A core book for language analysis*
Ronald Carter, Angela Goddard, Danuta Reah, Keith Sanger, Maggie Bowring

Satellite titles:

*The Language of Sport*
Adrian Beard

*The Language of Advertising: Written texts*
Angela Goddard

*The Language of Poetry*
John McRae

*The Language of Politics*
Adrian Beard

*The Language of Newspapers*
Danuta Reah

*The Language of Humour*
Alison Ross

*The Language of Fiction*
Keith Sanger

*Language and Gender*
Angela Goddard and Lindsey Meân Patterson

Related titles:

INTERFACE series:

*Variety in Written English*
Tony Bex

*Language, Literature and Critical Practice*
David Birch

*A Linguistic History of English Poetry*
Richard Bradford

*The Language of Jokes*
Delia Chiaro

*The Discourse of Advertising*
Literature about Language
Valerie Shepherd

Language, Ideology, and Point of View
Paul Simpson

Language through Literature
Paul Simpson

Language, Text and Context
edited by Michael Toolan

Patterns in Language
Joanna Thornborrow and Shân Wareing

Twentieth-Century Poetry
edited by Peter Verdonk

Twenty-Century Fiction
edited by Peter Verdonk and Jean Jacques Weber

Other related titles:

Language, Society and Power
Linda Thomas, Shân Wareing et al

Vocabulary: Applied linguistic perspectives
Ronald Carter

The Routledge History of Literature in English: Britain and Ireland
Ronald Carter and John McRae

Dramatic Discourse
Vimala Herman

Text and Discourse Analysis
Raphael Salkie

Stylistics
Laura Wright and Jonathan Hope
<table>
<thead>
<tr>
<th>contents</th>
<th>ix</th>
</tr>
</thead>
<tbody>
<tr>
<td>Acknowledgements</td>
<td>xi</td>
</tr>
<tr>
<td>List of main texts</td>
<td></td>
</tr>
<tr>
<td>Introduction</td>
<td>xi</td>
</tr>
</tbody>
</table>

### Unit one: What is a magazine?
- What is a magazine?  
- What types of magazines are there?  
- Who produces magazines?

### Unit two: The wrapping: front covers
- Ideal-reader images  
- What’s in a name?: magazine titles  
- Visual images  
- Layout and graphology  
- The front cover as preview  
- Putting words together  
- Creating variety: sentence types  
- Sentence functions  
- Problems and solutions  
- Tricks of language

### Unit three: Leafing through: the composition of the text
- Front of house: the contents page  
- The composition of pages

### Unit four: In-house: magazine contents
- Horoscopes  
- Readers’ letters  
- The problem page  
- Magazine narratives: readers’ true stories  
- Dialogue within the text

---

< previous page | page_vii | next page >
Page viii

**Unit five: Who am I?: the relationship between the text producer and interpreter**  
67
Constrcuting subject positions  
68
The ideal-reader  
68
The identity of the text producer  
69
The relationship between the text producer and reader  
73
The editorial  
74
Resisting subject positions  
79

**Unit six: The discourse of magazines**  
81
Discourse  
81
Linguistic determinism: ideological viewpoints  
82
Text  
82
Tracing patterns in language  
83
Lexical cohesion  
84
Grammatical cohesion  
85
The discourse of magazines  
91
Patterns of word choices  
92

**Unit seven: Representations of women and men: constructing femininity, masculinity and sexuality**  
95
Femininities and masculinities  
96
Constructing femininities and masculinities: the advertorial  
101
Constructing sexuality  
107

**Index of terms**  
111

**Further reading**  
114

**References**  
115
acknowledgements

I would like to thank Joy Bowes for reading and commenting on units two and five. Thanks also to Angela Goddard for her invaluable editorial support and advice. Special thanks are due to Mary Talbot whose work in this field has been a tremendous influence on my own.

The following illustrations and texts have been reprinted by courtesy of their copyright holders:

**Bella** Front cover, Reader’s tip, Horoscope: H. Bauer Publishing Limited.

**Bliss** ‘Will we end up gay?’, ‘All made up’, ‘The ultimate sex checklist’ and Libra horoscope: Emap Elan Ltd.


**Diva** cover: copyright Em Fitzgerald/Diva.

**FHM** Front cover, ‘Editor’s Letter’, Readers’ Letters, ‘Pulse’ and **FHM Bionic** ‘The icy plunge’: Emap Metro Ltd.

**GQ Active** ‘Bread winners’: Simon Mills © **GQ Active**/The Condé Nast Publications Ltd.

**J-17** Snog Guide: Emap Elan Ltd.

**Sugar** ‘Don’t become a mum by mistake’: Attic Futura.

**Tatler** Front cover, ‘Editor’s Letter’ and ‘The importance of being a posh footballer’: David Tama (photo)/Jane Proctor/Olivia Stewart Liberty © **Tatler**/The Condé Nast Publications Ltd.


The publishers have made every effort to contact copyright holders, although this has not been possible in all cases. The publishers would be grateful to hear from any copyright holder who is not here acknowledged and will undertake to rectify any errors or omissions in future editions of this book.
list of main texts

Text: Collage of titles
Minx, Tatler, More!, GQ Active, Cosmopolitan, Men’s Health, FHM, Diva, Bella

Text: Front covers
Tatler, June 1999
Men’s Health, July/August 1998
FHM, February 2000
Bella, 25 August 1998
Diva, May 1999

Text: The importance of being a posh footballer
Tatler, June 1999

Text: The crazy, crazy world of international beauty queens
Cosmopolitan, September 1998

Text: ‘We’re an item’
Men’s Health, July/August 1998

Text: It’s a man’s world
Men’s Health, July/August 1998

Text: Next month in Men’s Health
Men’s Health, July/August 1998

Text: Horoscopes
Bella, 25 August 1998
Bliss, May 1998
Cosmopolitan, September 1998
More!, 22 November–5 December 1995

Text: Readers’ letters
The naked truth (Cosmopolitan, September 1998)
No more tears (Bella, 25 August 1998)
Letter of the month (Men’s Health, July/August 1998)
All made-up (Bliss, May 1998)
Dannii, part one (FHM, February 2000)
Top Tip, Mr. Teats and Smiles better? D. Smoog (Viz issue 96)

Text: The problem page
Will we end up gay? (Bliss, July 1996)

Text: Reader’s true story
Don’t become a mum by mistake (Sugar, December 1997)

Text: Editors’ letters
Cosmopolitan, September 1998
FHM, February 2000
Text: Get Eurosavvy!
Cosmopolitan, September 1998

Text: The icy plunge
FHM Bionic, Winter/Spring 2000

Text: Knit a jumper for your dog
The Girl’s Own Paper, January 1935
Magazines are an immensely popular cultural form as can be seen from the circulation figures of two popular monthly magazines:

**Cosmopolitan**  441,536  
**FHM**  504,959  
(Willings Press Guide 1998)

It’s difficult to estimate the precise numbers of readers of magazines since they are often handed on by the purchaser to be read by family and friends. Added to this is the opportunity to browse magazines in public places such as doctors’ waiting rooms which makes it even more difficult to accurately assess the circulation figures, but unlike newspapers, which become out of date the day after publication, magazines have a relatively long shelf-life.

Despite their popularity a prevailing view is that magazines are a low brow form of entertainment. Magazines do not have to be read from cover to cover but can be dipped into, their format makes them easy to pick up and put down again. It is this reason which has been used to explain the popularity of magazines among women. The association of magazines with women has been linked to their domestic role, but not necessarily one which presents women as ‘tied to the kitchen sink.’ Instead there is said to be a subversive potential which offers women an opportunity to take time off from domestic chores and have some time to themselves. This is somewhat outdated now in view of the number of women who work outside the home. There is also a growing market of magazines aimed at men, some of which are outstripping the sales of women’s magazines.

There are many other areas of social life which have copied the magazine’s format. This has been introduced into a wide range of genres (genre is another word for text-type), for example, public health leaflets; so you might like to apply the suggestions in this book to these other forms. Often serious subjects like AIDS can be dealt with in this user-friendly way. A particular type of daytime television is known as the magazine programme, e.g. Richard and Judy. This is partly due to the content, which is similar to that found in magazines with topics such as beauty, cookery, fashion and an interest in the lives of celebrities. There has also been the adoption of a ‘how to’ genre which shows TV viewers a
range of activities from ‘how to copy the latest catwalk looks’ to ‘how to get and keep a toyboy’.
The easy-to-read format of magazines does not mean that they are not carefully crafted. This book will
introduce readers to the notion that magazines require us to interact with them in complex ways.
Magazines have their own particular ethos and ideologies but they can also reflect and construct cultural
values. In order for the texts to work they must draw on the readers’ knowledge of language. It is the
language of magazines that will be the central focus of this book.
Unit one
What is a magazine?
Aim of this unit
The aim of unit one is to explain what magazines are and to consider the types of magazines which are currently available. The production process will also be examined to illustrate that there is a whole range of people involved in this, from market researchers to copywriters.

What is a magazine?
Magazines are such a popular and familiar form that it may seem strange even to ask this question. Nevertheless let's see what the dictionary says:

magazine n. 1. a periodic paperback publication containing articles, fiction, photographs, etc.

The Collins Concise Dictionary
The first point to note is the reference to frequency. Magazines are issued at regular intervals either weekly, fortnightly, monthly or quarterly. The next reference is to the material form of magazines. Paperback is a term now used to refer to a type of book rather than a magazine, but you may know older people who refer to magazines as books. The quality of the
material of today’s magazines can vary; weekly publications are made of a cheaper quality paper whereas monthly magazines are higher quality, often using glossy paper. The quality of the paper can have an effect on the connotations which the magazine conveys. Connotations are the associations which a word or concept has for the reader, for example, glossy paper connotes sophistication and glamour. These are the magazines which are likely to be found adorning coffee tables, the type that people like to show off. The last reference in our definition concerns the content of magazines - articles, fiction and photographs – which relates to the original meaning of the word magazine, ‘storehouse of information’. This heterogeneity (a composition of unrelated parts) is perhaps the magazine’s most obvious feature. Although the format has changed over the years these three items are a staple of many magazines. Some magazines aimed at young women used to combine fiction and photographs which produced the photostory. This particular form is now outdated but illustrates the point that the format of magazines changes with the times.

What types of magazines are there?
A glance at the newsagents shelves shows that the magazine genre covers a broad spectrum: there are special interest magazines dealing with topics like computing, DIY, household crafts and music, to name just a few, and the language of these magazines will reflect their specialist nature. There are also what are referred to as ‘centre of interest’ magazines which are aimed at a much wider audience. Most recently the magazine format has been incorporated into Sunday newspaper supplements. Supermarkets are also producing their own ‘in-house’ magazines. Added to this list is a new type of magazine to be found on the Internet, referred to as the e-zine.

In order to provide a focus, it is the centre of interest magazine which consumers consciously select and purchase which will be the topic of this textbook.

Who produces magazines?
Often, apparent rival magazines may be produced by the same publisher. Two of the major publishers in the UK are Emap Elan Limited, who publish a number of magazines including Just Seventeen, It’s Bliss, Minx and More!, and IPC Magazines, who publish Mizz and Sugar. The
production process includes a range of people engaged in a variety of activities. To gain some idea of the types of activity take a look at Text: Credit listing taken from *Cosmopolitan*. How many people are listed and what type of work is involved? You might like to compare this with the credit listing of another magazine. It will become apparent that although a page from a magazine may appear to be the product of a single author it is more than likely that several people will be involved before the page takes its final shape. It is for this reason that the term ‘text producer’ rather than ‘writer’ is a more accurate description and one which will be used throughout this book.
Extension
Meaning is culture specific. Many magazines are produced in or distributed to numerous countries overseas. According to Winship (1992) there has been a ‘European invasion’ of magazines within the British Isles. For example, Best and Bella are owned by German publishers Gruner & Jahr and Bauer respectively and Hello! by the Spanish company Hola, SA. A worthwhile project could be to examine the differences between British magazines and their foreign counterparts.
Unit two

The wrapping

Front covers

Aim of this unit

This unit will focus on the strategies adopted by text producers in order to attract our attention. The front cover is the magazine’s most important advertisement but it also serves to label its possessor. The ideal-reader images offered by a selection of magazines will also be examined.

‘A magazine’s front-cover image and coverlines are persuasive selling tools. They motivate readers – confronted with shelves of front covers competing for their attention – to buy our magazine rather than another.’ This quote from the editor’s letter of Tatler acknowledges the vast competition which text producers face. It is little wonder then that they go to great lengths in order to make their particular magazine jump out at us from the shelves. It is through tricks of language that this is chiefly achieved, but visual images, layout and graphology also play their part. The cover of the magazine helps us to distinguish one magazine from another and although they are constantly changing in order to create variety and to keep up-to-date, they retain sufficient features to mark out their own identity.

Ideal-reader images

McCracken (1996) notes ‘the cover serves to label not only the magazine but the consumer who possesses it’. What she is referring to is the way in
which text producers position readers and shape the reading process. The techniques used in order to achieve this will be discussed more fully in unit five but the front cover has a role in shaping the different expectations which readers have on purchasing and consuming the magazine. Readers are invited to join communities with distinct cultural identities.

**What’s in a name?: magazine titles**

The title of the magazine plays a large part in shaping the reader’s expectations. It is always written in large letters and is a shorthand way of conjuring up particular associations in the reader’s mind. An analogy can be made with the brand names of products which Goddard (1998: 80) refers to as ‘little concentrated capsules of meaning’.

**Activity**

Look at Text: Collage of titles. What information about the magazine is suggested by the title? A dictionary may be helpful for this activity.

**Commentary**

Some magazine titles are cryptic, for example *FHM* (for him magazine) and *GQ* (Gentlemen’s Quarterly) both mean that readers have to work out what the acronyms stand for. On the other hand, some titles are information giving, e.g. *Men’s Health* tells us what the magazine is about. However, ‘health’ has a rather expanded meaning which covers topics ranging from sex to fashion.

Titles can signify a particular character type, e.g. *Minx*. If you consult a dictionary you will see that this term could be used as an insult: ‘bold flirtatious or scheming woman’. However, this is the opposite of what usually happens to words when associated with women. Schultz (1975) found that over time, words which might have began with neutral connotations undergo a process of pejoration (take on negative associations). ‘Minx’ has actually acquired positive connotations, particularly in relation to the young women who form the target age group of the magazine. This is an example of amelioration (when a word with negative connotations is invested with positive meaning). *Diva* has come to mean *‘Prima Dona’*; but its Latin meaning: ‘goddess’, is possibly the association which the magazine’s producers are hoping to convey. The
ASCOT FASHION
The rules have changed - are you up to date?

‘English girls have a way of being nasty like nobody else’
Tama Janowitz bites back

COULD YOUR SON BE THE FIRST POSH FOOTBALLER?
David Ginola puts England’s top public-school players on trial

IS THIS THE LUCKIEST GIRL IN BRITAIN?
Exclusive pictures and interview with Zac Goldsmith’s bride, Sheherazade
FHM Cover

VOULEZ VOUS?
The hottest new girls in France. And they've shaved their armpits!

'I'M CONFISCATING YOUR GUN, TIMMY'
Evil kids on the rampage

HEROES ON ZIMMERS!
Meet Britain's bravest grandads

MISTER FIX-IT!
How to mend everything in your home

SPANK HER SILLY!
Kinky sex made simple

HONEY!
Feast your eyes on Alicia Silverstone

'HOW DARE YOU BESMIRCH ME!'
We get shouted at by Don King

'STOP GRIZZLING, MAN!'
How to get dumped with dignity

PLUS!
Davina McCall, speakers tested,
Joseph Flemings, coping with grief,
Janine Garofalo, weird coffins,
Marc Anthony, nose jobs, the
International
Rescues,
Foo Fighters,
and make your own sausages!
Bella Cover

Starts this week only in Bella your chance to consult Princess Diana’s psychic!

‘My ex spied on me from the attic’

Special report

The new cults: They brainwashed my husband—how I won him back!

Six simple secrets to keep you looking fabulous

Cancer breakthroughs: The facts you need

Gorgeous looks for your bathroom
Diva Cover

FREE SPIRIT
Soul Singer

ELIZABETH STREB
TANTRIC SEX

ARE YOU A SCARY SISTER?
our funny family album

FAREWELL DUSTY
sixties memories

LOUD AND PROUD
Asian dykes speak out

May 1999 £3.00
contemporary meaning of Cosmopolitan is ‘familiar with many parts of the world; sophisticated or urbane’. It is a compound noun (it combines two or more words into a single unit), and is derived from the Greek words Kosmos (the world or universe) and politeis (citizen). No doubt the intention is to appeal to a well-travelled, sophisticated individual. Tatler has a reputable name as a middle-class magazine having been established in 1709. However, it is unlikely that its modern readers would be aware that tattle comes from middle Dutch tatelen meaning ‘idle talk or chatter’. Tatler is the noun. Magazine titles are often accompanied by slogans:

FOR girls with a lust for life (Minx)
Smart girls get more! (More!)

These slogans are deliberately ambiguous because the words lust and more have more than one meaning. For example more could be used as a comparative, meaning the magazine is offering more than its rivals. It could also signal something in addition to. The reader is left to fill in what this something might be. It is likely to be something positive, e.g. ‘Smart girls get more from life’ or, given the emphasis on sex in the contents, readers are perhaps encouraged to interpret this in a raunchy way, fitting in with the ethos of the magazine. Without doubt, a major preoccupation of today’s magazines is an intensification of interest in the topic of sex. Sex can be packaged as a commodity and sold within the magazine. Even magazines aimed at young women hail this on the front covers:

Top secret sealed section (Bliss)

The section which is inside the centre pages has perforated edges which need to be opened before its contents can be read. This seems to add to the furtive nature of the magazine’s contents and appears deliberately designed for teenagers to ‘get one up’ on their parents. You could look for examples in teenage magazines of the text producers addressing the reader in ways which symbolise rebellion and rejection of the ideals of the older generation.

Visual images

‘The image on Tatler’s cover represents the personality of the magazine. Each aspect is analysed, from the girl’s expression to the colour of her hair.
This quote, again from the editor’s letter in Tatler, illustrates the importance of choosing the right image for the front cover. For example, the front cover of Men’s Health shows a three-quarter body shot of a muscular male model. Presumably the reader is meant to aspire towards achieving this body type. It should be noted that this image is quite unusual for a men’s magazine since a scantily clad female, the desired other, is the usual format. Take a look at the cover of FHM (on p. 10) which features a well-known actress, Alicia Silverstone. This image can be contrasted with the images of women which appear on the covers of magazines aimed at women. By way of example, on the front cover of Bella, the woman featured looks directly into the camera with a bemused expression on her face which is very different from that of Silverstone’s quite provocative gesture and stance. These two images can be contrasted with the woman on the front cover of Diva, a lesbian magazine. Here the woman is striking a playful, fighting pose. The woman, unlike the other two, is not stereotypically beautiful but she exudes confidence and independence.

Activity
Collect some front covers. Describe in detail the ideal-reader images. Are these head and shoulders or full/upper body shots? Are the models looking away or directly into the camera? What do facial gestures signal? Are they smiling, pouting, aloof? Does the verbal text interact with the image? If so, how?

Layout and graphology
In our culture we learn to read from left to right, and from top to bottom of the page. It is for this reason that the prime position for important information is the top left hand corner:

LOSE YOUR BELLY
See results in 2 weeks! (Men’s Health)
Since the focus of this edition is on weight loss, it is easy to see why the text producer has chosen to print this in the prime position. Front
covers also make good use of underlining, emboldening and a variety of font sizes, styles and colour. Unfortunately colour cannot be reproduced here but this text is quite striking – red on a white background. Other prominent colours used are black and blue. Although the model will change from issue to issue, the colours used on the cover of *Men’s Health* remain characteristically red, white and blue. The graphology for the title also remains constant for easy identification. The same format is also used for the cover of the magazine’s counterpart *Women’s Health*.

**The front cover as preview**
*Tatler’s* coverlines – the teasers that attempt to describe the magazine’s contents – complete the package. Again, we think about them very carefully. So I was fascinated to hear of a new strategy devised by a hugely successful American men’s magazine, where the editor and team write ideal coverlines and only then commission stories to match. Again, *Tatler’s* editor is giving us an insight into the practices of magazines – the coverlines, usually, are written after the stories.

**Putting words together**
The text producer needs to cram a lot of information into a short space in order to tell the reader what is in store for them. This is one reason why nouns are heavily modified:

Delicious cook-ahead stress-free feast (*Bella*)

The noun is ‘feast’ but look at the number of modifiers – ‘delicious’, ‘cook-ahead’, ‘stress-free’. Modifiers are words which give more information about the noun. When modifiers come before the noun this is referred to as pre-modification. In listing so many pre-modifiers the text producers build up the reader’s anticipation of what is coming next. Sometimes the modification comes after the head noun:

The 10 Rules of Ex Etiquette (*Cosmopolitan*)
The head noun is ‘Rules’ and has the pre-modification comprising a determiner ‘the’ and a single modifier, ‘10’. ‘of Ex Etiquette’ is a post-modifying prepositional phrase. Within it the preposition ‘of’ is followed by another noun group ‘Ex Etiquette’. Etiquette is the head with ‘Ex’ as its modifier but the prepositional phrase modifies ‘Rules’ (the head noun).

Having pointed out the heavy use of modification, a feature of front covers to consider is what the text producer chooses to leave out for reasons of economy. This is referred to as elision or ellipsis.

Lose your belly

Presumably, the results the reader will see in two weeks are those of having lost their belly. The determiner ‘the’ is omitted without affecting meaning. Determiners are like adjectives, they make the meaning of nouns more specific. Examples of determiners are: ‘the’ (definite article), ‘a’ (indefinite article); ‘this’, ‘that’, ‘these’, ‘those’ (demonstratives); ‘my’, ‘your’, ‘their’, etc. (possessive adjectives); ‘one’, ‘first’, ‘last’, etc. (enumerators indicating definite quantities); ‘some’, ‘any’, ‘no’, ‘all’, etc. (indicating indefinite quantities).

Activity

Look for some examples of elision on front covers and re-write them in clear standard English. This exercise should highlight the type of words which are commonly omitted. Are these grammatical (words that signal grammatical relationships such as determiners and auxiliary verbs – ‘be’, ‘have’ and ‘do’) or lexical (words that have meaning such as nouns, main verbs, adjectives and adverbs)?

Creating variety: sentence types

It can prove interesting to examine the types of sentences used in magazines since this often provides an insight into the meanings made in texts. Sentences may be divided into two types: minor and major. Minor sentences are complete in intention but often lack a finite verb. Finite verbs have a tense, e.g. present or past, giving a clear idea of when something took place or whether the action has been completed. They also tell us how many are involved (singular/plural) and who the participants are:
'My ex spied on me from the attic' (*Bella*)

The following sentence is minor since it lacks a finite verb:

Hair to send him round the twist (*More!*)

You would be correct in saying that ‘send’ is a verb but it is non-finite because it is unclear when the action will be undertaken or completed. This is an example of the infinitive, the word ‘to’ followed by the verb. **Non-finite** verb forms do not express contrasts of tense, number, person or mood.

Turning your flat into a film set

The ‘ing’ participle in ‘Turning’ makes the verb non-finite because it is not clear when the action is to take place.

Sometimes in minor sentences the subject will be omitted:

**STARTS THIS WEEK: ONLY IN BELLA**

YOUR CHANCE TO CONSULT

PRINCESS DIANA’S

PSYCHIC!

The subject of a sentence is normally the noun, noun phrase or pronoun which appears before the verb. In order to insert a subject into this sentence we would have to invent one – ‘It starts this week . . .’; or we could rearrange the sentence – ‘Your chance to consult Princess Diana’s psychic starts this week.’

Minor sentences appear frequently on front covers and in headers of magazines. As can be seen from this example, the term minor has nothing to do with the length or complexity of the sentence.

**Activity**

Divide the following into major/minor sentences:

‘Aliens forced me to have sex’

LOUD AND PROUD

Asian dykes speak out

10 ways
to simplify

your life
Commentary

‘Aliens forced me to have sex’ is a major sentence because ‘forced’ is a finite verb (‘Aliens’ are the subjects and ‘me’ is the object).

‘LOUD AND PROUD Asian dykes speak out’ is also a major sentence because ‘speak’ is a finite verb. ‘Asian dykes’ are the subject. ‘LOUD AND PROUD’ is a noun phrase.

‘10 ways to simplify your life’ is a minor sentence because it lacks a finite verb. ‘To simplify’ is the infinitive form of the verb and is therefore non-finite.

Sentence functions

It can also be interesting to look at the functions which sentences serve to see whether the text producer prefers a particular type and if so what this might signal about the text. Sentences can be divided into four types:

- **Declaratives:** This type of sentence makes a statement or assertion – *All Saints get mucky*
- **Imperatives:** Give orders or make requests – *Get stress off your back*
- **Interrogatives:** Ask questions – *Feeding friends?*
- **Exclamatives:** These are used to express surprise, alarm or a strong opinion and are accompanied by an exclamation mark – *Nice tackle!*

Of course, these sentence types may function differently depending on the context in which the utterance takes place and also its purpose. This branch of language study is known as pragmatics. For example, ‘All Saints get mucky’ was categorised above as a declarative, however, if All Saints were present at the time the utterance was made it could have the force of an imperative and All Saints might well respond by getting mucky.

Activity

Categorise the sentences into the four functions:

Do you need a second income?
Most couples assume that both partners need to work.
It’s men v women in the sexually-sussed stakes!
WIN a trip to Hollywood!
The headers of the *Men’s Health* magazine echo the tone of the magazine’s content by an abundance of short, sharp and snappy imperatives:

**LOSE YOUR BELLY**
See results in 2 weeks!

**FEED YOUR MUSCLES**

**MAKE GOOD SEX GREAT!**

**MAKE HER WANT YOU!**

**GET STRESS OFF YOUR BACK**

These are classified as major sentences although there is no overt subject. For imperatives, it is conventionally understood that the interpreter is the subject. This lack of a specified agent gives the text a sense of timelessness. The text producer, in issuing commands, is attempting to stir the reader into the action proposed. Exclamation marks are a feature of punctuation which proliferate on front covers. They can be used to convey emotion, heighten involvement and give the text a sense of immediacy which is clearly the case in the above examples. Note there are no softeners such as ‘please’ to reduce the force of the command which is given as if from a sergeant major, yet the reader is unlikely to take offence.

As mentioned, the front cover gives the reader a glimpse of what is to follow in the rest of the magazine. Along with the ideal image presented to readers on the front cover of *Bella* are the previews:

**STARTS THIS WEEK: ONLY IN BELLA**
YOUR CHANCE TO CONSULT PRINCESS DIANA’S PSYCHIC!

The text producers attempt to distinguish their particular magazine from others – ‘ONLY IN BELLA’. This technique continues on the page where the feature appears, a ‘ticker-tape’ effect repeats the phrase: **ONLY IN BELLA ONLY IN BELLA ONLY IN BELLA ONLY IN BELLA**
The impression is of a news scoop which is available only to the readers of this particular magazine. This is an example of the lengths to which text producers will go in distinguishing their particular magazine from its rivals.

A mainstay of women’s magazines is the reader’s ‘true’ story where readers are invited to write in to the magazine and other readers are allowed a voyeuristic glimpse into their lives. Two of the articles previewed on the front cover are the real life stories of readers.

‘MY EX SPIED ON ME – FROM THE ATTIC’
SPECIAL REPORT
THE NEW CULTS
‘They brainwashed my husband – how I won him back’

The stories are introduced by quotations, we are to imagine, from the readers themselves which just happen to be the most sensational aspects of the story. Even if we accept that the stories are authentic, they are nevertheless subject to some form of editing; for example, the text producer selects which story to publish and which aspects of it to highlight. The kind of sensationalism illustrated above encourages the reader to purchase and consume the magazine since they are compelled to read on in order to discover how the woman wins back her brainwashed husband.

Problems and solutions
The next set of headings introduce another feature of magazines which is the problem/solution format. This is where the text producer anticipates that the reader is in need of advice. Unlike the stark commands of Men’s Health, the text producer of Bella simulates conversation in an attempt to reduce the distance between themselves and the reader. A question is posed which is designed to raise the problem in the reader’s mind:

Feeding friends? Relax!
Delicious cook-ahead, stress-free feast (Bella)
Notice how once the topic has been introduced this is immediately followed up by reassurance, ‘Relax!’, and a solution, ‘Delicious cook-ahead, stress-free feast’. In this way the authority of the text producer is reduced to that of a friend giving advice. However, some information is presented more directly:

The text producer affects to know the reader so well she even knows what they need. Possibly, due to the seriousness of the subject, the text producer appears less concerned about sounding too authoritarian.

**Tricks of language**

Given the immense competition mentioned, text producers use an array of linguistic tools in order to attract our attention. The first three examples you might expect to see only in poetry:

- **Rhyme**
  
  *Catch* him, *snatch* him, make him yours.
  
  The repetition of the word ‘him’ is also effective here. Repetition is a feature of *rhetoric* (the art or skill of effective communication).

- **Alliteration** is when the initial consonant sound is repeated in adjacent words. When this is ‘s’, as in the first example, this is known as *sibilant* alliteration:
  
  *Six simple secrets to keep you looking fabulous*
  *Boarding babes*
  *Frisky fellows*

- **Assonance** is when the same vowel sound is repeated in adjacent words.

  *Fake mates*

A characteristic of magazines is the vocabulary of excess to emphasise the fun and entertainment value:
Page 22
10 Snip-tastic pages!
Hair special
there's zillions of styles to suit you!
This is also achieved by superlatives which are the third term in a three term system of comparison, e.g. 'good/better/best'. Superlatives offer a comparison to the highest degree:
Scrap the rest we've got the best
Text producers of magazines love to play around with language. Some of the cleverest ways of doing this is through puns:
Frisky Fellas
How to spring the little lambs (More!)
Nice tackle!
The sexiest rugby players
you've ever seen (More!)
**Cheque mate**: Marc Burford's the man
for girls who just want to have fun. (More!)
Some words are polysemous which means that they have more than one meaning. This allows text producers the scope to play around with those separate meanings. In the first example the pun is on the words 'spring' and 'lambs'. 'Spring' could mean how to trap boys or 'spring', as in the lambing season. 'Tackle' can mean a physical challenge to an opponent in sport or more recently slang for male genitalia. 'Cheque mate' is slightly different because it is a homophone. Homophones are words that are spelt differently but have the same sound – check/cheque. 'Check-mate' is a winning position in chess whereas 'cheque mate' is presumably a mate who supplies cheques.
**Intertextuality** is when reference is made to another text:
Look who's stalking!
Boys Are Us!
CURL POWER!
The first example is a well-known saying and reference to the title of a film, **Look who's Talking**. The second reminds us of a well-known toyshop, 'Toys 'R' Us' and 'Girl Power' is a modern teenage catch phrase. These references are made meaningful because of the phonological similarity between the words 'stalking/talking', 'boys/toys' and 'curl/girl'.

< previous page | page_22 | next page >
Idiomatic phrases are patterns of words which function as a single unit of meaning:

How’s your father?
No that’s my boyfriend
Snogs ahoy!

Phrases such as ‘How’s your father?’, although well known within a culture, can present problems for those outside it since meaning cannot be worked out from the individual words. ‘How’s your father?’ is a euphemism for sex when preceded by ‘A bit of...’. Since this introduced a story about a girl who ran away with her teacher, no doubt the text producers are hoping the reader will make the connection. ‘Snogs Ahoy!’ is using an idiomatic phrase ‘ship ahoy’ and adapting it in a way which the reader will recognise.

**Contractions** occur when words are shortened:

the boy *spesh!* *(Bliss)*

Contractions, ‘spesh’ instead of ‘special’, are a feature of in-group language. This particular contraction is almost certainly recognisable by readers who fit the target age range of the magazine. Shortening words in this way suggests a familiarity with the reader.

**Nominalisation** is a process whereby a verb or verb group is turned into a noun. This is often found in reports of incidents where it might be advantageous to omit the agent, e.g. ‘Police shoot demonstrators’, may become ‘Demonstrators die in shooting’. The following appeared in a magazine:

**Gorgeous looks** for your bathroom *(Bella)*

‘Gorgeous looks’ is an example of nominalisation. A process such as ‘your bathroom looks gorgeous’ is a temporary state or condition which has been changed to something more permanent, something to be worked upon. Again, there is no agent involved which makes it appear that ‘your bathroom’ will be transformed as if by magic.

**Activity**

Now see if you can spot which of these features occur in the following examples:
Bad boys

A man for all reasons

When the going gets tough the tough get even

'I’m dotty about Dale Winton’

Read my hips

**Extension**
Imagine you are the cover editor of a magazine. How would you present the following topics to your readers?

- A cookery feature on preparing vegetarian food for a special occasion.
- A fashion feature on 1950s-inspired clothes.

**Commentary**
The cookery feature on preparing vegetarian food appeared as THE GREEN PARTY and the fashion feature on fifties-inspired clothes as NEW SWEATER GIRL. Did your own headers resemble them in any way?

**Summary**
The vital role of the front cover can be summed up by the words of *Tatler’s* editor: ‘So there you have it. Worry about the front cover and the rest of the magazine will take care of itself – this month, at least.’

The front cover acts as an advertisement for the magazine since it is the first text that the reader sees. We have looked at a wide range of linguistic techniques employed to grab our attention including rhyme, alliteration, assonance, superlatives, puns, intertextuality, idioms, contractions and nominalisation. We have also explored structural patterning with illustrations from a range of current front covers. Visual images and the different communities which readers are invited to join have also been covered.
Leafing through The composition of the text

Aim of this unit
In this unit the aim is to look at how material is organised throughout the magazine and how individual pages are composed within it. This will include an examination of how the written text and visual images interact to convey information.

Front of house: the contents page
Because we read magazines in a non-linear fashion, the contents page is helpful for orientating the reader through the magazine. It leads the reader to the topics which are of interest to them, allowing them to skip others which they find less so. They can always come back to these if they wish.
The contents page has a set agenda which remains constant although the features themselves change from issue to issue. It is also useful for illustrating the range of genres which are included in magazines.

Activity
Have a look at the contents page of a magazine of your own choosing. Are you able to categorise the various features in any meaningful way?
The importance of being a posh footballer

Football is supposed to be our national game and yet the men who play it are almost all working class. Where are the pukka players?

By Oliver Stewart Liberty

The reason there aren't any posh footballers is that most posh schools don't play football. Only the top public schools raise their heads above the parapet. Eton, whose first sports are sailing, are in the minority. Gordonstoun describes football as one of its 'recreation'. Brentwood admits to having 'recreational' and Rugby confirms that it's not called that for nothing. Posh boys are rated on the playing-field supplies of hockey and rugby in winter, cricket and tennis in summer.

How out of touch! Football is our national sport, and footballers are our national heroes. They pack out pubs when they appear on TV, and a group inside their terraces with maggots. They're called 'the team', or 'the lads', or 'the boys'. They're bound to the army of fans who attend matches. They're the ones chosen to sell crisps, shovels and pie. In short, they're not just a game, they're more serious than their counterparts, footballers are our national heroes.

But, it doesn't mean that we're only allowed to discuss their performance at the national level. It's probably not for posh schools to stop attending their names up at the national level, and just for football itself to stop tuning in to the middle classes. And then perhaps, with half the population no longer confined to the stands, we'll be able to see that football is not only the 'posh game'.
EXCLUSIVE  Ginola says 'Ooh la la' as football goes la-di-da.
SEE NEXT PAGE

CHARTERHOUSE  RADLEY  MILLFIELD  FOREST  WESTMINSTER
Commentary

Caldas-Coulthard (1996) found that the women’s magazine *Marie Claire* had a fixed structure which was made up of eight major features:

1. Reportage – an article inspired by women’s daily lives in other cultures
2. Profile – a celebrity interview
3. Emotional – a writer is commissioned to interview people about an emotional situation
4. Society – a slice of the social life
5. First person – a raw first-hand account of something that has happened to someone
6. Designer profile – a fashion story
7. Life stories – a mini-biography of a famous dead person
8. Review section – films, books, music, etc.

Did your content’s page resemble this agenda in any way?

The composition of pages

Magazine articles vary in length and often several items are included on one page. Frequently there is a mixture of genres on the same page. The columns of text are often ragged in appearance, unlike the regularity of newspaper columns, with written text wrapped around visual images so that images and text work together. It is important to consider the visual images since the attractive pictures play such a large part in the magazine’s appeal.

Activity

To illustrate the unique way in which magazine pages are composed it is interesting to compare them with the newspaper format which also belongs to the ‘information giving’ genre. Look at text: ‘The importance of being a posh footballer’, a feature which appeared in *Tatler*, a middle-class magazine. This feature is a parody of the *Sun’s* sports pages. What differentiates this from a page layout of a magazine?
The positioning of information on the page can itself convey meaning. Kress and VanLeeuwen (1996) examined double-page spreads in Australian women’s magazines. They found that the right pages were 'dominated by large and salient photographs from which the gaze of one or more women engages the gaze of the viewer' (p. 186). These pictures often showed women in unusual or contradictory roles with which the reader is invited to identify. For example, the role might be a working woman who is shown coping with a ‘tough’, ‘masculine’ job. The left-hand pages, they found, usually comprised written text.

From their analyses, Kress and VanLeeuwen concluded that there is a complementarity or continuous movement from left to right and that the right page was the site for ‘key’ or new information. What followed from this was that the left was the side of the ‘already given’: information which the reader already knows because they are a member of the culture (or rather the culture of the magazine). Although there was no such discernible pattern in the British magazines analysed for this book, Kress and VanLeeuwen’s framework can usefully be applied, since it is clear that each page layout has been carefully designed. Kress and VanLeeuwen propose three principles of composition (1996: 183):

- Information value – the placement of elements, e.g. left and right, top and bottom, centre and margin, can endow them with specific informational value.
- Salience – The elements placed to attract the reader’s attention to different degrees, e.g. foreground or background, relative size, contrasts in colour, sharpness, etc.
- Framing – The presence or absence of framing devices (dividing or framing lines), which connect or disconnect elements, signifying that they belong or do not belong together.

**Activity**

Look at text: ‘The crazy, crazy world of international beauty queens’ from *Cosmopolitan* and use the framework proposed to analyse the visual composition of the text.
The crazy, crazy world of international beauty queens

All over the globe, women are vying to be crowned queen of the world, just about anything can happen!
Commentary

The feature begins on a double page and continues over three pages. The right-hand side of the double page is dominated by a large picture of a beauty pageant. The image appears incompatible with the target audience of the magazine, which appeals to independent, career-orientated women, since the contestants are paraded like cattle, in identical swimsuits and appear to be the epitome of sex objects.

- Information value – placing the photograph of the beauty pageant to the right appears designed to provoke the audience – they are led to the written text in an attempt to identify the purpose for including such obviously sexist material in a magazine which targets independent, career-orientated women.
- Salience – the images are in focus at the beginning of the line-up which starts at the right-hand margin. As this tapers, the relative size of the contestants diminishes and their faces blur, again leading the reader towards the written text. The header, ‘The crazy, crazy world of international beauty queens’, shows some attempt at colour co-ordination has been made since the letters match the flesh tones of the beauty contestants.
- Framing – the large visual image appears to be framed by the header which begins in the top left-hand corner, ‘The crazy, crazy world of international beauty queens’, and a satellite text which appears opposite in the bottom right-hand corner, “More and more women are realising how fun – and lucrative – competing is.” The messages appear to be contradictory since, on the one hand, the text producer is acknowledging that the world of beauty contests is ‘crazy’, but this is counterpoised with the quotation which points out the financial gains to be had from entering beauty contests. The effect of these contrasting views is to cancel each other out, leaving the reader to make up her own mind.

Top and bottom

The ‘ideal’ and the ‘real’

With reference to advertisements, Kress and VanLeeuwen found that the upper section visualised ‘the promise of the product’ (the ideal), and the lower section provided factual information about the product (the real). They found there to be less connection between the two parts of the
We're an item

Does the sight of a publicly-kissing couple make you want to throw a bucket of water over them? Michael Bracewell finds flaws in smug twosomes

Doing pointless things

Sometimes, even you and a couple you are allowed to do entirely pointless things when a single person would consider it an occasion. They just watch and enjoy. Life is a learning process. What did you do on Saturday? One day you walk, another time you sit at the table for too long and it’s gone all change. In short, trying to do all of the things which the happy, well-adjusted couple with well-cleaning teeth do, as should be the constant struggle.

So below you see a matching couple, clearly the opposite ends of the spectrum. In one, a couple who has behind them ’ideal couple’ moments. In the other a couple, and we are not getting used to having the idea of someone else's space, is to open a thought for the unattainable emotions of some blue time where you can sit for hours on end with all the words. "So the ‘birth..." after we just need a talk" it was again someone's feelings.

Remembering birthdays

A man will know that he’s really one half of a couple when his girlfriend starts sending him birthday cards addressed to people he’s never heard of and demanding that he sign his name to them. The announcement is for their children to think that a couple has created the children.

One of life’s little moments must be when you must tend to think that sending intelligent birthday cards is the overwhelming equivalent of passing over through your own.

LIFE’S LITTLE LESSONS

"We’re an item"
composition in texts which make use of the top and bottom of the page than in texts which use the left and right but there is, they say, a contrast, some kind of opposition between the two parts. The text “We’re an item” from *Men’s Health* shows in the top section a picture of a ‘happy, well-adjusted couple with self cleaning teeth’ (whatever that might mean). The written text certainly acts in opposition since it lampoons couples who are in love, largely due to their smugness. The visual image is from a very dated advertisement, perhaps reminding the reader of old-fashioned standards. The written text, in contrast, produces a sense that we are living in more enlightened times. In acknowledging the artificial nature of advertisements, that couples in real life do not behave like the couples in advertisements, the text producer is addressing an enlightened reader. However, he also recognises that advertisers are still using the same tricks in modern adverts:

How many half-way rational couples do you know who laugh uproariously every time someone hands them a plate of pasta, or exchange mischievous glances with an unseen third party whenever they take the cap off a bottle of bathroom cleaner?

These are references to current advertisements which seem to tell us that nothing much has changed, merely we are more aware of advertisers’ ploys.

**Centre and margin**

According to Kress and VanLeeuwen, the centre zone of the page has a symbolic value, often unifying what surrounds the image. This may be seen in the text: ‘It’s a man’s world’ from *Men’s Health*. The page has seven boxes of equal size, each box containing an image of a men’s grooming product. A large section of the centre zone is taken up with the header and subtext. This is placed on the left-hand side of the page. Conventionally, cosmetics are not associated with men so it may seem odd, at first sight, to find a promotional feature which aims to advertise cosmetics in a men’s magazine. Using the framework outlined, the centre zone, which has the large letters ‘it’s a man’s world’, would appear designed to unify the apparent contradiction of the surrounding images: the various beauty products. The header is a well-known saying, ‘It’s a man’s world’, which emphasises a view that men dominate society, the given; and the new idea that cosmetics can be part of ‘a man’s world’ because ‘real men’, whatever that might mean, are now using cosmetics.
It's a man's world

Men's Health Promotion

It's official: men use cosmetics. And as these innovative products from the Men's Grooming Room at Harrods prove, they are lots of good gifts out there that not only smell great and perform well, but look super cool in your bathroom cabinet.

- Razor Sharp!
- The Afterglow

- Origins:
  - Day or Night Cream
  - Night Sleep Cream

- Philosophy:
  - Puffy Face, Don't Touch

- Marc Jacobs:
  - Golden Hour

- Estée Lauder:
  - grund Hydration

- Clinique:
  - Typography

- Burberry:
  - The Bath Set
Next month in *Men's Health*

**THE CUTTING-EDGE WORKOUT**
How you can benefit from the very latest fitness research

**ON THE OTHER SIDE OF THE BED**
Understand and anticipate her animal desires

**NUKE DISEASE BEFORE IT STARTS**
All your biggest health worries nipped in the bud with these up-to-the-minute measures

**NEXT ISSUE ON SALE 5 AUGUST**
Page 37

Note the careful choice of vocabulary: 'grooming' rather than 'beauty'; the text producer can only go so far.
Coincidentally, the opposite page also makes use of the centre. This is an advertisement for the forthcoming issue of the magazine.

Activity
Look at text: ‘Next month in Men’s Health’. Is there a symbolic/informational value in the page layout?

Commentary
This particular front cover is a detour from the usual image of a muscular male model. The text producer is taking quite a risk in breaking with the structural pattern familiar to readers. The central image shows the mushroom cloud of a nuclear fallout. The colours of the background and image are contrasted in the surrounding written text. The title of the magazine is in the same colour as the centre of the fallout. The largest heading which is placed just below the image states: ‘Nuke Disease Before it Starts’. It seems that the text producer has taken the idea of nuclear warfare and related the metaphor with a view to 'nipping in the bud' readers' health worries. The masculine connotations associated with war reaffirm masculinity which might otherwise be eroded by mentioning male anxiety.

Summary
This unit has attempted to show how the overall organisation of the material inside magazines, by keeping to a fixed structure, sets up the reader’s expectations of what is to come in future editions. It has also demonstrated by examining the composition of pages that the written text and visual images often, as in the examples above, work together to produce meaning.

Extension
As more and more magazines are producing their own web sites, an interesting project might be to look at how web pages are composed,
whether they differ from the hard copy and if so in what ways. One of the web sites visited for the purpose of this book was *FHM*. Obvious differences were that instead of turning over pages icons had to be clicked. The use of animation is a feature which technology has made possible and something which the composers of web pages have taken on board.

Whether you think this is an advance will depend on how you view the change from still images used to show, for example, various postures for having sex in ‘Position of the fortnight’, to moving ones. The following list of website addresses might whet your appetite. You might also like to look at the *Intertext* page on the Routledge website for updates on this series.

- **FHM**: http://www.fhm.com
- **GQ**: http://www.gq-magazine.co.uk
- **Men’s Health**: http://www.men’s health.co.uk
- **Tatler**: http://www.tatler.co.uk
Unit four

In-house Magazine contents

Aim of this unit

The aim of this unit is to examine the contents of magazines and to consider also what is excluded and who decides on this in terms of the editorial processes.

What is the purpose of magazines? The answer to this depends on from whose viewpoint the question is posed. On the reader’s part, primarily they are to entertain us, hence the abundance of linguistic tools mentioned in Units two and three. Magazines are also informative, telling us about the latest products on offer. They can be instructional, e.g. the ‘how to’ genre which was mentioned in the introduction. On the text producer’s part they are a vehicle for promoting various commodities through advertisements because this is where the real revenue lies. Money from the actual sales of magazines is quite negligible. Our examination of the contents page in unit three demonstrated that magazines can be characterised by their heterogeneity. It also showed, by the large number of advertisements, that the purpose of magazines is to sell the commodities advertised; often by persuading us in the various features that we are in need of them. Even those features which do not on the surface appear to be selling anything, e.g. the interest in the personal lives of celebrities, interviews, etc., keep us informed about the latest films, concert tours, CDs and so on which are available for purchase.

The next section will examine some of the regular features which appear in magazines.
Horoscopes

Horoscopes are predictions of people’s future based on the zodiac (an imaginary belt which contains the twelve zodiacal constellations) for the time of their birth. In magazines they are usually accompanied by symbols and dates. The signs of the zodiac have cultural connotations, for example scales are often used to represent the sign Libra, fish are used to represent Pisces, etc.

Activity

Look at the star signs accompanying the *Bella* horoscopes and compare them with those of *Bliss*. What connotations are implied?
Your stars

Virgo
24 Aug — 23 Sept
Easy does it! Your ideas are on line, your desires on track and your plans look good. But maybe you should keep certain things secret to avoid unfair criticism.

 libra
24 Sept — 23 Oct
We will all benefit from your love of beauty, for behind your sensitivity, you're struggling to make your environment a nicer, happier and more peaceful place.

Sagittarius
23 Nov — 22 Dec
Look far afield for inspiration — it's a time for adventure, even global travel. However, if you decide to stay at home, find every way you can to mix with new people.

Capricorn
23 Dec — 20 Jan
Developments will focus on financial possibilities. You're either about to discover business potential, with remarkable results, or you're going on a shopping spree!

Aquarius
21 Jan — 19 Feb
Although you may be reliving former memories, you can now break free from emotional ties which are more burden than joy. Wednesday is a great day for true love.

Pisces
20 Feb — 20 Mar
The Sun meets Saturn in one of its sober alignments, so you'll get on best if you're sensible. Midweek brings near perfect conditions for financial deals.

Taurus
21 April — 21 May
You'll be doing whatever you can to acquire respect from friends and neighbours. Once you've organised events, you will have greater satisfaction.

Cancer
22 June — 22 July
You're strong on commonsense when totting up figures. You'll make a shrewd deal and anyone trying to overcharge could end up owing you money.

Aries
21 Mar — 20 April
This is one of the most productive phases of the year. You're now contemplating promotion at work, but it's equally important that you advance private passions.

Gemini
22 May — 21 June
If I could list your better qualities at the moment, they'd include your lively and friendly attitude — and your extraordinary willingness to try whatever life offers you.

Leo
23 July — 23 Aug
There has rarely been a time when your horoscope was so full of bounce. Energetic and passionate, others will follow your lead. Listen to your instincts.
Bliss! horoscopes

Aries
This month a close friend of yours may try to pull you off with a blouse she knows. Try not to get too excited though— the stars suggest that he isn’t a heavenly match for you.

Taurus
You’re in the position to play matchmaker this month, but don’t try to fix your mate up with the guy you fancy yourself. If you do you may well be to regret it later.

Cancer
Life may be a little more complicated than usual this month. Whatever happens, it’s wise to remember that honesty is the best policy—even if it means dumpnig someone in it.

Leo
You’re really not your fault your mate is being mucky with everyone right now. Give him a wide berth for a couple of days—she’ll soon calm down and apologetic. She may need a friend to talk to, so be patient and be there for her.

Libra
Everything seems to be going your way and, with the help of the cosmos behind you, nothing is going to stop you from reaching your goal.

Scorpio
You have every night to be angry, but spreading rumours about someone else isn’t the way to get them back. They’ll get their comeuppance soon, so don’t sleep to their level.

What to do: Don’t bottle your emotions up. Scorpio if he’s hurt your feelings tell him— he’s not a mad reader, you know. Besides, if you let him he’ll do it again and again.

Leo
Try: Everything seems to be going your way and, with the help of the cosmos behind you, nothing is going to stop you from reaching your goal.

Cancer
Life may be a little more complicated than usual this month. Whatever happens, it’s wise to remember that honesty is the best policy—even if it means dumping someone in it.

Taurus
You’re in the position to play matchmaker this month, but don’t try to fix your mate up with the guy you fancy yourself. If you do you may well be to regret it later.

Aries
This month a close friend of yours may try to pull you off with a blouse she knows. Try not to get too excited though—the stars suggest that he isn’t a heavenly match for you.

Libra
Everything seems to be going your way and, with the help of the cosmos behind you, nothing is going to stop you from reaching your goal.

Scorpio
You have every right to be angry, but spreading rumours about someone else isn’t the way to get them back. They’ll get their comeuppance soon, so don’t sleep to their level.

Cancer
Life may be a little more complicated than usual this month. Whatever happens, it’s wise to remember that honesty is the best policy—even if it means dumping someone in it.

Taurus
You’re in the position to play matchmaker this month, but don’t try to fix your mate up with the guy you fancy yourself. If you do you may well be to regret it later.

Aries
This month a close friend of yours may try to pull you off with a blouse she knows. Try not to get too excited though—the stars suggest that he isn’t a heavenly match for you.

Libra
Everything seems to be going your way and, with the help of the cosmos behind you, nothing is going to stop you from reaching your goal.

Scorpio
You have every right to be angry, but spreading rumours about someone else isn’t the way to get them back. They’ll get their comeuppance soon, so don’t sleep to their level.

Cancer
Life may be a little more complicated than usual this month. Whatever happens, it’s wise to remember that honesty is the best policy—even if it means dumping someone in it.

Taurus
You’re in the position to play matchmaker this month, but don’t try to fix your mate up with the guy you fancy yourself. If you do you may well be to regret it later.
Capricorn
(22 December - 19 January)
Year: Functioning planets pull you in the mood to party, but be very careful who you hang out with after the 13th because troublesome planetary aspects could see you getting into a bit of trouble.
Love: You may want to sensation your tiny horizons this month and the stars suggest you'll fancy older lads. They may seem cool but get involved with one this month and it could be more trouble than it's worth.
Cosmic Diary dates:
- 23rd, 27th: Be very cautious. 10th.
- 29th: Be very cautious. 10th.
- 30th: Be very cautious. 10th.

Aquarius
(21 January - 19 February)
Year: It takes time to do things properly and being impatient only means that you'll have to do things more than once. Take a deep breath and let destiny take you by the hand. You're almost there.
Love: You're impatient when it comes to love and your desperation for a boyfriend could see you heading down heartbreak avenue.
Your perfect boy is just around the corner, so hang on in there.
Cosmic Diary dates:
- 3rd: Time to party. 10th: No way! 14th: Back to work. 20th.

Gemini
(21 May - 21 June)
Year: You're in the mood to strike out on your own because you're sick of being treated like a kid - find a date and take it a couple more months and your looks will start seeing things your way.
Love: You're in the mood to shake your tongue down the throat of the first guy you meet this month. But obviously you need to restrain this urge otherwise you could get yourself into hot water.
Cosmic Diary dates:
- 6th: Be straight. 10th:
- 12th: Time to treat your mate. 22nd:
- 29th: Snog him. 30th:

Sagittarius
(23 November - 21 December)
Year: You're faced with a couple of difficult decisions this month and there's no getting away from making them. It might seem quite scary now but this time next month you'll be wondering what all the fuss was about.
Love: Saucy planets are making you hot under the collar. However, if you already have a lad you'll need to avoid the temptation to get off the straight and narrow.
Cosmic Diary dates:
- 3rd: Plan the Taj Mahal. 10th: Reconsider. 19th:
- 27th: Seek and you shall find.

Virgo
(22 August - 21 September)
Year: Is this what you really want? Thought not. Take a step back and reassess your priorities. You may have to upset a few people but your happiness is far more important right now.
Love: You've been sitting by the phone waiting for him to ring for far too long. Rather than moaning about why not ring him yourself? The stars suggest that he'll be really pleased to hear from you. Just need to be brave and go for it.
Cosmic Diary dates:
- The time is near. 4th:
- Thread carefully. 12th:
- Have a laugh. 17th.

Pisces
(20 February - 20 March)
Year: It's at times like these that you need your friends the most. Things may look bleak but they aren't as bad as it seems. Talking your worries through might help you see things differently.
Love: Be very careful because guys you meet this month may not be what they seem. Even though they may promise you the earth, the chance of them delivering is very slim indeed.
Cosmic Diary dates:
- Watch it. 6th:
- Take it. 15th:
- Buy it. 20th:
Commentary
Did you notice that the sign for Libra in *Bliss* shows a pair of legs on bathroom scales whereas in Bella they are the more traditional style, often used to symbolise the scales of justice? This also fits in with another name for Libra which is ‘Balance’. The signs in *Bliss* are quite amusing, which is in keeping with its youthful and fun image, but on a more serious note the images of slim young women which proliferate on the front cover and within the magazine perhaps encourage weight consciousness. You might consider why *Cosmopolitan* chooses not to use symbols for illustration (see Text: *Cosmopolitan* on pp. 46–7). Perhaps they are considered to be unsophisticated for that particular magazine. It is also interesting to question why, at the time of writing, horoscopes are absent from men’s magazines. Unit seven covers a range of genres and topics which were previously thought to be ‘off limits’ to men, so this too could change.

Activity
To help you recognise just how formulaic the horoscope genre is you could try writing your own. Here’s a first line to get you started:
The Sun meets Saturn in one of its sober alignments, so you’ll get on best if you’re sensible. . . .

What expectations did you have of horoscopes? What choices of language did you make? Were they appropriate for the genre? How did your text compare with the following? Text: A is from a student and Text: B is from *Bella* magazine:
Horoscopes are very personal yet they are addressed to many people. You will see that the text producers of horoscopes attempt two things: first, to present people with a positive self-image to aspire to – ‘We will all benefit from your love of beauty, for behind your sensitivity . . .’ – and, second, to get them to change some negative aspects about themselves – ‘you’ll get on best if you’re sensible’. You can see this is achieved largely through flattery. Considering that the text producer does not know the reader personally, you might be surprised at the verb patterns used. From the examples given, the text producers appear quite assured in their opinion which is reflected by the modal auxiliary ‘will’ – ‘We will all benefit . . .’ – and the primary auxiliary verb ‘are’ in ‘you’re struggling’. You will also notice lexis which is quite specific to astrology such as the names of planets and their movements: ‘The Sun meets Saturn in one of its sober alignments, so you’ll get on best if you’re sensible.’ Here the planets are personified (endowed with human characteristics): we imagine them to be old acquaintances meeting sedately and rationally (‘sober’) rather than their implied customary drunken state.
Cosmopolitan horoscopes

September

Love, life and career – the most important aspects of your star sign for the month ahead.

Libra

CAREER: Everything you do just comes more smoothly and better. And because there’s no work to do, you can’t get organised, prioritise, and then work a (stressful) day at your health club studio.

MONEY: Whether your world is chaotic or harmonious, the time is right to open up people who can make your life easier.

Love: You are at your most critical adult when you travel through professional Kirgs. But don’t demand too much from a man. There’s your libidinous and work with the other loose-leaf.

Health: A part of a star in a month with another library, possibly a nurse, make your notice. Talk to her and close the air.

Scorpio

CAREER: While Mars is in your sign, take a confident approach. If your boss is not reasonably, avoid an open challenge as the truth of a situation will become obvious.

MONEY: Your lack of assurance about a big step is making your partner anxious. Maybe it’s a case of you not being able to do it.

Love: The partner with a sign if a single who wants to turn you into a new one. There are deeper layers to work through, and hints don’t help anyone.

Health: A part of the library, the partner and a friend like you into a full self-indulgence. It will reduce stress.

Capricorn

CAREER: Your office pays off and now have revised new options. The influences over money – doing what you love is important.

MONEY: You’re critical at your spending

Aquarius

CAREER: A new phase is starting. But learn to walk before you can run. Sometimes we acquire knowledge beyond the 10th.

MONEY: Organisations, particularly a credit card, before becoming a burden.

Health: Love the person who has your creative goals on an equal. If your relationship is to be, then it has to bring out your needs as an important one.

Sagittarius

CAREER: Behind-the-scenes deals could leave you out of the picture, that’s correct on the basis of mutual information.

MONEY: Always spend on a craft, indulge in nature, out of proportion early on the month, avoid commitments putting the funds right.

Love: A confident looking a love in a

 Pisces

CAREER: 12th house of love and self-esteem.

MONEY: A lot can be achieved in your own desire, but it

Health: A part of the library, the partner and a friend like you into a full self-indulgence. It will reduce stress.
horoscopes

ARIES: March 21 – April 19
Your good luck is in the air. Be on guard for romance. The energy and excitement of Jupiter favor you to succeed. A foreign trip is possible with the right moves. Join a social group or go traveling. You are a good match for this kind of activity.

Taurus: April 20 – May 20
Money is flowing into your life. You may receive a promotion or inheritance. Enjoy the good fortune you are bringing. You will be successful in any project you undertake. A new relationship starts soon.

Cancer: June 21 – July 22
Your career is on the rise. You may receive a promotion or opportunity. Be confident and use your influence. A new romance is possible with the right person.

Leo: July 23 – August 22
Your creativity is at its peak. You may receive praise and recognition for your work. A new project or creative endeavor begins. You will be successful in all your ventures.

Virgo: August 23 – September 22
Your health improves with the right diet and exercise. You may receive a promotion or opportunity. A new romance starts soon. A new job or career opportunity is possible.

Libra: September 23 – October 22
Your financial situation improves. You may receive a raise or inheritance. A new relationship starts soon. A new project or creative endeavor begins.

Scorpio: October 23 – November 21
Your luck is in the air. Be on guard for romance. The energy and excitement of Jupiter favor you to succeed. A foreign trip is possible with the right moves. Join a social group or go traveling. You are a good match for this kind of activity.

Sagittarius: November 22 – December 21
Your financial situation improves. You may receive a raise or inheritance. A new relationship starts soon. A new project or creative endeavor begins.

Capricorn: December 22 – January 19
Your health improves with the right diet and exercise. You may receive a promotion or opportunity. A new romance starts soon. A new job or career opportunity is possible.

Aquarius: January 20 – February 18
Your luck is in the air. Be on guard for romance. The energy and excitement of Jupiter favor you to succeed. A foreign trip is possible with the right moves. Join a social group or go traveling. You are a good match for this kind of activity.

PISCES: February 19 – March 20
Your financial situation improves. You may receive a raise or inheritance. A new relationship starts soon. A new project or creative endeavor begins.

Great taste?

Great taste? Some people have a natural sense of style. How do you rate in this area?
More! horoscopes

**ARIES**
21 March - 20 April

**LEO**
21 July - 23 August

**TAURUS**
21 April - 20 May

**VIRGO**
22 August - 23 September

**GEMINI**
21 May - 20 June

**LIBRA**
23 September - 22 October

**CANCER**
21 June - 22 July

**SCORPIO**
22 October - 21 November
Activity
You might imagine that horoscopes are targeted at anyone who is born under a particular star sign, but by examining the language of the selection of horoscopes we can see that the text producers have a particular reader in mind. Consider these questions: Does the text address the reader directly by using the pronouns ‘you/your’ and ‘I/we’? Does the text address the reader as female/male? What assumptions are made about the reader?

Commentary
Text: Cosmopolitan horoscope
The reference to working a 24-hour day is addressed to a professional, career-minded person. The reader is explicitly addressed as a woman in ‘Waging a war of silence with another female . . .’

Text: Bliss horoscope (see p. 42)
A presupposition is made about the reader’s sexuality, namely that she is heterosexual and in favour of monogamous relationships: ‘If you already have a lad . . .’ Young women are urged to modify their behaviour in order to prioritise the needs of males: ‘don’t push for any type of commitment just yet, because the stars suggest he’ll run a mile if you do.’ Also, in Bliss, friends figure quite prominently: ‘Listen to your mates . . .’

Text: More! horoscope
The horoscopes in More! are oriented towards sex, e.g. ‘great man magnet’, ‘passionate smooch’, ‘sensual Venus’. Indeed they are introduced as ‘horny horoscopes’ which fits in with the ethos of the magazine.

Reader’s letters
The letters page provides a forum for the readers to interact with the magazine’s text producers and other readers.

Activity
Look at the texts: readers’ letters. These are just some examples for illustration. What kinds of things do people write in about? You might like to compare these letters with the two parodies from Viz on page 55.

< previous page  page_49  next page >
Dear Cosmo,

Thank you for sending your letter. I don't have much time for letters, but I really enjoyed reading yours.

Best wishes,

[Signature]

---

The medical truth

Thank you for sending this letter. I think it's really important to talk about these issues and to try to find solutions.

[Signature]
Bella letters

Hungry seas

On our family holiday this year, my four-year-old nephew, Christopher, was throwing stones into the sea. When his dad asked him what he was doing, he replied: “I’m feeding the sea.” A few minutes later, I threw a stone into the sea and again his dad asked him what he was doing. Christopher replied: “That’s the way puppies do it.”

Sweet dreams

Recently bought some sleeping pills over the counter at my local chemist. I used the tablets for four days and couldn’t believe it worked. Side-effects include nightmares and sleep disturbances! Try talking alternating pills, only to be sure that your weight is decreasing. The whole world’s gone absolutely tasty.

Extra soap

Bath in milk

Better fit

TIPS... from you 
To make life easier

No more tears

Seed sower

if you find small seeds difficult to disperse, try them in an empty cassette dispenser. then you have total control as they come out at the tip size. make it work for you.

Hungry seas

On our family holiday this year, my four-year-old nephew, Christopher, was throwing stones into the sea. When his dad asked him what he was doing, he replied: “I’m feeding the sea.” A few minutes later, I threw a stone into the sea and again his dad asked him what he was doing. Christopher replied: “That’s the way puppies do it.”

Sweet dreams

Recently bought some sleeping pills over the counter at my local chemist. I used the tablets for four days and couldn’t believe it worked. Side-effects include nightmares and sleep disturbances! Try talking alternating pills, only to be sure that your weight is decreasing. The whole world’s gone absolutely tasty.

Baby for sale

My 30-month-old niece was born recently and his mother西南, was asked to her own excitement. I was at the hospital when a baby was prepared and said: “I’m-bound-by-the-law.” But the baby is doing fine and is a real crowd pleaser.

Spanish dream

We went really well when our son, David, decided to take Spanish lessons. He used to our friends’ thought that he was abstaining from it — but from him. Our lives have been transformed. We go on long walks and the little ones are in the streets and in the wind, and we are lonely and time to catch our breaths when we’re all in our houses again.

Bella letters

A day to remember

I went to visit my mother in Spain and stayed there for three months in the sun. I arrived in Barcelona, and again in the wind, and we are lonely and time to catch our breaths when we’re all in our houses again.

Prescient moment

A day to remember

I went to visit my mother in Spain and stayed there for three months in the sun. I arrived in Barcelona, and again in the wind, and we are lonely and time to catch our breaths when we’re all in our houses again.

Snapshot!

"You heard of a baby born, tell this is incredible.etc etc etc."
LETTERS

I've got the men improving my diet and finding ways of cutting out fat. Your
chef's tips on plates of meat with rice 'Not summer drinks, April '94' was a good one,
but to cook rice only to let it go cold and then scrape off the fat.

Let's try this instead:
1. Heat the rice in a frying pan (look it up it's new fat) until it's brown.
2. Meanwhile, make a potato. Once the potato is mashed, transfer it to a

Good stuff

I've never felt so positive to write to a
magazine editor. Please, what made me

Pill talk

I'd like to thank you for your informative article
"Skiing: Why I'm still free" on page 23.
Once I saw the picture of the ski lift and

Men's Health Website

The main reason behind this month's edition
is to introduce you to the Men's Health
website. We've been working hard to make

Car wash

For a good washed and super-scrubbed finish

up right

Let's have it!

Send your comments to
Men's Health
20 Cavendish Square,
London SW1H 9EU
If you don't have a pen, write to
customers@menhealth.co.uk

The good guys

In every issue of Men's Health, we feature

Short changed

Thank you for the article on ways to secure

The Man's

Survival guide

MEN'S HEALTH WEBSITE

The main reason behind this month's edition
is to introduce you to the Men's Health
website. We've been working hard to make

Bliss letters

Your letters

Got something you're dying to tell us? Then write to: Your letters, Bliss 3rd Floor, 121-122 Stanhope House, 189 Shoreditch Avenue, London WC2H 9LG. Star letter wins a Tea Tree set and all other letters printed get a Tea Tree Cleanser, Toner and Spot Stick, all from Superdrug.

REACTION ON: “I wanna he on Page Three” in our March issue

Bliss tone

I was flicking through an old magazine the other day and I came across an ad for a beauty product with a picture of a woman with glowing skin. I thought it looked amazing and I wanted to try it. I decided to order the product online and I was very pleased with the results. The product really helped to improve my skin and I would definitely recommend it to anyone looking for a natural beauty solution. Sarah

All made up:

Our friend Rachel has been getting a lot of attention lately. She's been seen in all the right places and everyone seems to be talking about her. We were lucky enough to catch up with her recently and she told us all about her new found fame.

Bathasar book

I was reading a book about a man named Bathasar and I was surprised to learn that he was a real person. I had never heard of him before but he sounded like an interesting character. I'm going to try and find a copy of the book and read it to learn more about him.

Mate in a million

For friends who are forever

Your grace

I was thinking about how much people mean to us. I was sitting in a cafe the other day and I picked up two comic strips that someone had left behind. I realized that we should all be grateful for the people in our lives and make sure we show them how much we appreciate them.

Separated at birth

I have always been fascinated by stories of twins who were separated at birth. It's a really interesting concept and I'm curious to learn more about the experiences of people who have been separated this way.

next page >
LETTERS TO THE EDITOR

Easy life in the world of dots

Imagine my shock when I discovered that the character of Fortunato only paid 20.33p each 200ml can of tonic mix and had 10% off! I was selling something the size of a can off a shelf when I earned 2p commission so this was a reasonable price.

Donna, ugh! Did you read my letter about your new pay pad.

Reader's bird given game away

With regards to your "Letters" column of January 2005, I was shocked that the article finished with the adobe model of your new bird box and how lovely. My monkey is in love with it! And another bike. Why wasn't this available? More zoo, not enough.

Search for perfect partner

I am looking for partners of opposite sex with good clothes and to share the world. They shall be vegetarian and probably a black and white. Where can you get such pictures?

Final two words: no reply.

LETTER OF THE MONTH

YOU
WISH

[Image of a woman in a bikini]
Viz letters

It's the page that doesn't want any trouble, but ends up getting glassed

Smiles better?

Top Tip, Mr. Teats and Smiles better?, D. Smoog
Commentary

Text: *Cosmopolitan* reader’s letter (‘The naked truth’). Here the reader congratulates the magazine on a successful feature and makes a suggestion for improvement. Other letters offer tips, usually concerning domestic activities. This is a tradition in many women’s magazines as may be seen by Text: *Bella* reader’s letter. The ‘Top Tip’ from *Viz*, although funny, is in fact useless. Sometimes the letters do both these things as demonstrated by Text: *Men’s Health* reader’s letter (‘Letter of the month’). You may be surprised to see a letter in a men’s magazine which shares domestic wisdoms. The letters page of *Men’s Health* is introduced by the words ‘The page where you get to write the words’, which is somewhat ironic considering the editorial processes involved. Text: *Bliss* reader’s letter (‘All made up’) acknowledges the general belief that letters are manufactured by the text producers themselves. Even if we take it that the letters are genuine, they are subject to editing since not all letters written to magazines appear in them. Those which do make it have some form of editing. For example, the heading is not the reader’s own. It is the text producer who decides which aspect of the letter to highlight and this is usually done in an entertaining manner. In this case it seems deliberately ambiguous – it could be alluding to the letter writer’s Liverpool dialect, ‘made-up’ is a popular Liverpool phrase to mean ‘delighted’ or it could refer to the invented nature of readers’ letters. Text: *FHM* reader’s letter (‘Dannii, part one’) has the privileged status of ‘letter of the month’ and is interesting because it allows the reader a forum for his misogynistic barracking of the Australian celebrity Dannii Minogue. The ideological messages contained in the horoscopes cannot be escaped and the same thing appears to be happening on the letters page. Text: *FHM*’s Dannii, part one contains the message that looking at stereotypically attractive women is a healthy part of male sexuality. This is especially true in the rejoinder ‘Front row at a Dannii Minogue concert [. . .] Life’s just one long party isn’t it Adam?’

The problem page

Magazines are said to problematise aspects of life that can often be solved by purchasing products. Most magazines have a problem page which invites readers to write in with their sexual and emotional dilemmas and problems. Some magazines have both a female and male viewpoint, for example, *More!* has ‘Dear Lola’ and ‘Dear Tony’.

< previous page | page_56 | next page >
How can we examine problem pages from a linguistic viewpoint? For a text to be fully satisfactory to a reader it needs not only the appropriate grammatical links between sentences, **cohesion** (this is explained fully in unit six); but also for the concepts, propositions or events to be related to each other and to be consistent with the overall subject of the text. This semantic and propositional organisation is called **coherence**. Gough and Talbot (1996), following Brown and Yule (1983: 223–4), made a distinction between ‘surface’ and ‘underlying’ coherence. Surface coherence refers to the formal linkage properties of texts which is achieved through grammar, and underlying coherence is the point, in the absence of formal links, where the reader accounts for meaning by other methods. This could be by examining the intention of the writer/speaker or the context in which the utterance takes place. Gough and Talbot believe it is misleading to imagine that coherence can only be achieved in this way. They focused on coherence as the basis for their analysis of a problem page letter which appeared in *The Mirror* newspaper. This letter raises a reader’s concern that he may be homosexual because of an experience he had with his best friend when they were both young. The header is ‘Guilt over games boys play’. The reader is now married and his friend has a girlfriend. The Agony Aunt’s reply reassures the reader that he is ‘normal’ and, although she does not explicitly state this, she implies that homosexual experiences are a healthy part of growing up as long as they result in confirmed heterosexualism: Many heterosexual men have a passing curiosity about homosexuality, and that isn’t a bad thing. It compels you to make choices.

As Gough and Talbot point out, there are two explicit cohesive links, ‘It’ which links back to ‘passing curiosity’ and also a connection between ‘you’ and ‘many heterosexual men’. ‘You’ seems to have a dual purpose, referring specifically to the letter writer and generically (referring to a whole class or group, i.e. male heterosexuals). However, in order to make sense of these two sentences, the reader has to rely on their background knowledge by inferring two things. The first is that homosexuality and heterosexuality are separate sexualities. The second is that the letter writer’s curiosity about homosexuality is legitimate only in so far as it reaffirms his heterosexuality. It seems he made the ‘right’ choice on getting married. As may be seen this view is not explicitly stated, rather there are certain points in the reply where the reader has to rely on their knowledge of the social world in order to form a coherent reading of the text.
Activity

With coherence in mind, try examining the Text: Will we end up gay? and the Agony Aunt’s reply to see whether there are any points where you have to use your knowledge of the world.

Commentary

The header ‘Will we end up gay?’ summarises the gist of the ‘problem’ (note that it is not a direct quotation from the letter). As Gough and Talbot found, the Agony Aunt’s response reassures the reader of the ‘normality’ of her worries, she establishes herself as ‘analyst’ and a solution to the ‘problem’ is proposed. The reply is regulatory in that it confirms the acceptability of certain types of behaviour: and if you do decide you are gay, that’s OK . . . Time will show whether you prefer boys or girls – some people end up fancying both and that’s OK too.

The message certainly appears to be quite liberal. However, following an adversative clause which is introduced by ‘but’, the teenage reader is hardly likely to want to be different to the ‘vast majority’:

‘But’ signals to the reader that what the Agony Aunt has said previously is going to be revised in some way. This, together with the advice to approach some boys, tends to reaffirm the ‘naturalness’ of heterosexuality. The ‘when’ clause:

So, when we first get interested in sex, it’s common for people to turn to close friends

leads on to the taken for grantedness of the assumption ‘as the opposite sex is too scary to approach’.

The suggestion that there is something scary about the opposite sex has the effect of helping to polarise the sexes. In order to make sense of this statement the reader has to make the connection with a stereotyped view of sexual relationships from her knowledge of the world. In order to understand how males might be perceived as ‘scary’, she must infer that they are somehow predators and that females are victims in sexual encounters. This commonsense view
Will we end up gay?

A year ago, my friend and I started kissing and touching each other intimately. We still do it, although we think about boys all the time. Will we be gay when we're older, or just mixed up? I know people who are screwed up about similar experiences.

Ashamed 13-year-old

Lots of teenagers worry that gay fantasies or experiences mean they'll be gay forever. They don't. When we're young, most of our time is spent with same-sex friends. So, when we first get interested in sex, it's common for people to turn to close friends, as the opposite sex is too scary to approach. But the vast majority of these teenagers don't go on to be gay. Instead of slapping a label on yourself now, take some time to work out your feelings, and if you do decide you are gay, that's OK. In the meantime, you've said that you and your friend fancy boys, so perhaps it's time to approach some. Time will show whether you prefer boys or girls – some people end up fancying both and that's OK too.
accords with the dominant discourse and in carrying out the necessary inferencing work the reader is constructing for herself a particular subject position. The construction of subject positions is explained in Unit five. As was the case with The Mirror Agony Aunt’s reply, on the surface the message is quite liberal, there are no homophobic views explicitly stated, rather these are set up in such a way that it is the reader who has to supply the missing links in order to make sense of the texts.

Note that the topic of homosexuality is usually covered on the problem pages which upholds a general view of it as deviant behaviour.

Magazine narratives: readers’ true stories
The ‘bitty’ nature of magazines due to the mixing of genres on the same page was mentioned in unit three. Text: ‘Don’t become a mum by mistake’, from Sugar, purports to be a reader’s letter to other readers but as it unfolds it becomes more like a narrative, therefore lending itself to an analysis as such a form. There is a diary type extract which gives details of a typical day in the life of a young mother and also a ‘help box’ with information for readers who may be worried that they are pregnant. Text producers and readers have certain expectations of genres. For example, normally there would not be a header or subheadings accompanying a letter, rather this is a convention we have come to expect of magazines. Theorists have identified rules for the construction of narratives. These help with the organisation and help to explain why narratives are recognised as such. Carter and Nash (1990) refer to three main structural units which are agreed to be fundamental to narrative organisation. These can be split into macro-units and micro-units:

<table>
<thead>
<tr>
<th>Macro-units</th>
<th>Micro-units</th>
</tr>
</thead>
<tbody>
<tr>
<td>Setting</td>
<td>in which specific linguistic structures mark time, place and other circumstances, including the ‘characters’ of participants.</td>
</tr>
<tr>
<td>Complication</td>
<td>in which specific linguistic structures, most markedly tense, define the basic episodes in the story and their final ‘resolution’ or denouement.</td>
</tr>
<tr>
<td>Resolution</td>
<td>in which elements crucial to the telling of the tale are encoded. Here linguistic structures determine the ‘point’ or ‘purpose’ of the story.</td>
</tr>
</tbody>
</table>

Deviations to these ‘rules’ can occur, for example some texts open mid-action:
‘It’s a twenty-footer.’
‘Twenty-five. All three tons of him.’
The effect produced, due to an absence of orientation, makes the reader feel as though they are chance observers of some action.

**Activity**
Can you identify the structural units in Text: ‘Don’t become a mum by mistake’? Use the headings suggested by Carter and Nash.

**Commentary**
**Setting**
The narrative follows a conventional patterning in relation to time orientation:
‘One morning, three months after I’d first had sex . . . soon I was throwing up every day. When, days later . . .’
The reader is taken step by step through a sequence of events.

**Place**
It is not implicitly stated but it can be inferred that the story begins at home. The reader is guided from one location to another which include:

doctor’s surgery,
hospital,
home (for a meeting with boyfriend),
school (when the storyteller recounts her unhappy treatment there due to her pregnancy).

The story continues with the birth, which begins at home but takes place in the hospital, then after the birth a return to school, leaving school and another visit to the doctors.

**Complication**
Events are narrated chronologically:
Don't become a mum by mistake

Many girls may think they're ready to have sex, but some make the decision too quickly.

Dianne Longman, 16, is one girl who lived to regret it. Here is her letter to you...

My friends started sheering early. I just couldn't resist to them anymore. Boys had talked about sex and make-up, I could talk about was the price of nipples. I became really depressed and I used crying all the time. The pain of the loss of all, the emptiness on my heart. I decided to do things on my own because I was scared of the consequences. I was not ready to be a mum and I didn't want to be the girl who gets pregnant without a plan. I didn't want to be a mum by mistake.

When the baby was born, I was so shocked and so lonely. I felt so alone and no one could help me. I was scared of the future and I didn't know what to do. I was not ready to be a mum and I didn't know how to take care of a baby. I was not ready to be a mum and I didn't want to be a mum by mistake.

I want to tell you that if you are not ready, don't do it. If you are not sure, don't do it. If you are not ready, don't do it. If you are not sure, don't do it. If you are not ready, don't do it. If you are not sure, don't do it. If you are not ready, don't do it. If you are not sure, don't do it. If you are not ready, don't do it. If you are not sure, don't do it.
the narrator's feelings of sickness, discovery of pregnancy, viewing her baby on a monitor, informing parents and boyfriend of the pregnancy, enduring cruel remarks from schoolfriends. Giving birth, being overwhelmed by visitors, then feelings of lost elation. She experiences difficulty coping, sleepless nights, having to leave school, losing friends.

**Resolution**

Seeing the doctor and being prescribed tranquilisers, getting a flat, being closer to boyfriend, coming off tranquilisers.

**Moral**

The message conveyed is that it is better to hold off from having sex: 'If you’re considering having sex, please wait ‘til you’re **totally** ready and know you could cope with whatever happens.' This supports the direct imperative in the title 'Don’t become a mum by mistake.' However, the storyteller warns the reader: 'If you **do** decide to sleep with someone you’ve got to use a condom, and you’ve got to make sure you're using it properly.' Within the wider context, the story is from a sixteen-page sex special, the message accords with the ideology of the magazine which is explicitly stated in a message at the bottom of each page: 'Remember: it’s illegal to have sex if you're under 16, and it’s always best to wait until you’re in a loving relationship and 100% sure you’re ready.'

**Dialogue within the text**

There are samples of dialogue within the text which it might be useful to examine in terms of function. Carter and Nash (1990) refer to three functions of dialogue in narratives:

1. To interrupt the flow of general narration, slow down the movement of the story, and concentrate attention on a particular event, relationship, etc.
2. To bring out character, and relationships between characters; personalities being revealed by what they say, what others say to or about them, and how they respond to what others say.
3. To create the sense of a background by supplying impressions – conveyed through personal interactions – of a society, its manners, its concerns, its material objects.
The purpose of the dialogue in Text: ‘Don’t become a mum by mistake’, does concentrate attention on particular events. For example, the sequence at the doctor’s seems designed to emphasise the enormity of the news:

‘You’re not ill,’ said the doctor. ‘You’re pregnant. We’ll do a scan to make sure.’
‘But my periods are so irregular – I haven’t had one for almost a year!’ I insisted.

‘Please don’t tell Mum,’ I begged. ‘Not until we’re totally sure.’

The style of reporting – ‘I insisted’ and ‘I begged’ – gives the reader an indication of the storyteller’s state of mind.

There is also a one-sided extract, the storyteller to her parents:

‘I’ve got to have an ovarian scan,’ I told Mum and Dad in the waiting room. ‘I’m going to the hospital this afternoon.’

This seems designed to provide some background.

The next sequence is related to characterisation and the relationship between parent and child:

‘I’m pregnant!’ I blurted out.
‘I had a feeling you were,’ she said, hugging me close. She couldn’t have been more understanding.

‘Hold on, love!’ yelled my mum. . . .

If we look at the verb tenses it can be seen that there is a clear sequence. Indeed, a characteristic of narratives is that they are in the past tense, since they recount events which have happened and this narrative is no exception. However, this does change towards the end of the story when events move into the present: ‘But there is so much pressure on our relationship. . . .’ Since the text appears to be a cautionary tale to the magazine’s young readers, it could be that bringing the story into the present has the effect of making it more immediate and relevant.

The storyteller breaks the narrative frame at various points in the story when there is a change of address form to appeal directly to the reader:
Can you imagine how I felt? . . .
We can’t just go off partying with our mates like you probably can. . . .
If you’re considering having sex. . . .
This direct form fits in with the idea of the story as a personal letter and appears designed to trigger feelings of empathy within the reader. The same could be said of the large visual image accompanying the story which is of the storyteller looking directly at the reader. Typography is used to suggest intonation and stress which would occur in naturally occurring speech:
‘Not until we’re **totally** sure.’ . . .
I was looking at *my* baby on a monitor screen. . . .
I was **terrified**!
There are one or two clichéd expressions such as ‘I froze on the spot’ which indicates the youthfulness and naivety of the storyteller. Clichés are society’s well-worn expressions which, through over-use, have lost their effect.

**Extension**
Can you identify these patterns of narrative in other stories in magazines?

**Summary**
An examination of the contents of magazines revealed that **ideological** messages permeate the various texts. Often these messages are contradictory, for example in *Bliss*, the young reader was reassured that her gay fantasies were ‘**OK**’ which is quite a liberal message even by today’s standards. Yet, other messages, for example those contained in the horoscope, addressed the reader as though she was already in a relationship with a boy, which accords with the dominant ideology.
Unit five
Who am I? The relationship between the text producer and interpreter
Aim of this unit
This unit will consider the relationship between the text producer and interpreter by examining the identity of the writer and the subject positions constructed for readers. The role of the reader in taking up or resisting the subject positions on offer will also be considered. Magazine discourse, since it is written, is a monologue because the producer of the text and the interpreter are remote from each other at the time of writing. Writers of magazines are in difficulty in addressing a mass audience. They cannot possibly claim to know the identity of each individual reader, yet they often speak as though they already know the reader, their thoughts, attitudes, likes and dislikes. In order to do this an imaginary addressee is constructed which I will refer to as the ideal-reader, but you may come across other terms for this. Talbot (1992) focuses in particular on how teenage girls’ magazines contribute to the construction of femininity. In order to illustrate this she examines the ‘population’ of the text, the ‘tissue of voices’ made up of the writer, reader and various other characters. For the purpose of this book the range of textual features suggested by Talbot will be used to explore the construction of subject positions for the text producer and reader.
Constructing subject positions
The compensatory tendency when addressing audiences en masse is known as synthetic personalisation (Fairclough 1989). This has the effect of creating the impression that the writer knows the reader personally. One of the techniques employed in order to achieve this is the simulation of two-way conversation:

Text: Childbirth? Ironing? That’s Nothing!
Tired of hearing the missus moan about ‘women’s problems’? Course you are. That’s why we decided to test the validity of their claim that . . . sometimes it’s hard to be a woman. (FHM February 1997)

In conversational analysis there is a set of utterances known as adjacency pairs because they usually go together, for example a question will usually demand an answer. In the above exchange, since the reader is not present, they are unable to supply the answer. Nevertheless the text producer proceeds as though the reader has said ‘Yes, I am tired of hearing the missus moan about women’s problems.’ This technique has the effect of drawing the reader in by causing them to interact with the text in considering what the question entails, even though they are unlikely to respond aloud.

In Text: ‘Childbirth? Ironing? That’s Nothing!’ another feature of conversation is achieved by the use of dots to indicate a pause. Here the text producer heightens the reader’s anticipation as to what is coming next just as a dramatic pause would in real conversation:

That’s why we decided to test the validity of their claim that . . .

The ideal-reader
The use of pronouns is also a way in which text producers create a relationship with the reader. By using the pronoun ‘you’, which covers anyone who reads the text, the text producer appears to address the reader directly.
Six simple secrets to keep you looking fabulous

You can have a flat tummy, healthy hair, a glowing complexion and lovely make-up by following our golden beauty rules.

(Bella August 1998)

The subject position of the reader is someone who has said ‘I can’t possibly have a flat tummy. . . .’ The modal auxiliary ‘can’ is emphatic in reassuring a doubtful imaginary addressee.

Another way in which text producers imply that they know the reader is by the use of presupposition:

You don’t have to feel like crap every time you get your period. Check out these ways to beat the blues. . . .

This presupposes that you (the implied reader) do feel like ‘crap’ every time you get your period. Presuppositions are taken-for-granted assumptions. The text producer refers to something as though it already exists, with which the reader is invited to identify. In the act of doing so the reader is constructing herself as a member of a community of women for whom periods are a source of misery.

The identity of the text producer

The text producers of magazines must also construct an identity for themselves. The writer’s subject position, as the reader’s, is not fixed but may change, even within the same text. The writer can simultaneously be the reader’s friend, adviser and entertainer, or their identity can shift between these roles.

It is not always clear whether texts are singly or multiply authored since the writer’s use of ‘I’ or ‘we’ is not always a reliable clue to their identity, but writers do make interesting use of the pronoun ‘we’. This may be inclusive:
Text: A Man For All Reasons

He’s almost perfect. If he wasn’t, you wouldn’t be seeing him. That said, even almost-perfect men behave in ways that make you want to scream, shout, bellow, cry, rage and roar: ‘Stop that! I’m sick of it! You’re making me hate you!’ Indeed, we’ve all tried that tactic, but for some reason it doesn’t work. [my emphasis.]

(Cosmopolitan September 1998)

Here the text producer includes the reader, who is expected to recognise themselves as a member of a community of women who have at some time been in the frustrating scenario outlined. The writer also belongs to this universal group of women.

The pronoun ‘we’ can also be used in its exclusive sense to distance the reader as in Text: ‘Childbirth? Ironing? That’s Nothing!’. ‘That’s why we decided to test the validity of their claim that. . . .’ Here ‘we’ refers to the text producer and her colleagues. When magazine text producers wish to claim authority or expert status, they often invoke the weight of the rest of the editorial team to endorse what they are saying. Part of the text producer’s identity can be established by examining the degree of certainty attached to her assertions. This is referred to as modality. There are nine modal auxiliary verbs: ‘can’, ‘may’, ‘could’, ‘must’, ‘might’, ‘shall’, ‘should’, ‘will’ and ‘would’. These verbs help the main verb to express a range of moods such as doubt, ability, possibility and obligation. Take a look at the following utterances:

A: I will come to your party.
B: I may come to your party.

Which speaker would you expect to see at your party?

In the following example from the teenage magazine It’s Bliss, the modal auxiliary verb ‘can’ indicates the writer’s high degree of commitment to the assertion that condoms are a way of reducing the risk of contracting HIV.
When used correctly, a condom can reduce the risk of contracting HIV – the virus that causes AIDS – to almost zero. (It’s Bliss July 1996)

If the modal auxiliary were more cautious, e.g. ‘a condom may reduce the risk’, this would be less commanding and the reader is likely to lose confidence in the reliability of the text producer and indeed the efficacy of condoms.

Another way of examining the text producer’s identity is to look at the way she reports the words of others. Does she signal agreement or does she distance herself?

HISTORY HAS BEEN KIND TO JOHN MONTAGU. HERE WAS A MAN whose first noticeable act on becoming Lord Commissioner of the Admiralty, in December 1744, was to move both his wife and his mistress into his official residence. He then sired four illegitimate children by the latter, before she was murdered in mysterious circumstances. After that, he brought one of his greatest friends to trial on trumped-up charges and throughout all this, he still found time to lead the British navy to its ‘lowest depths of inefficiency and corruption’. (GQ Active September 1998)

In Text: ‘Bread winners’, the identity of the person quoted is not stated but the text producer uses the quote in support of a damning character sketch from which she can disassociate herself if necessary. In the same text the writer appears to be in agreement:
From a health point of view, the merits of sandwiches are diverse; they can be as good or as bad for you as you like. ‘Avoid pate, mayonnaise, and cheese in sandwiches because of the fat content,’ says Lisa Piearce of the Sports Nutrition Service, advisor to the England rugby team and the Football Association.

The reporting verb ‘says’ indicates that someone else is responsible for the utterance, in this case a nutritional expert. The quotation is used to support earlier views of the writer in favour of healthy eating. Some utterances are incorporated in single quotation marks which Fairclough (1989) refers to as scare quotes. Scare quotes can signal that there is something wrong with the expression or simply that it belongs to someone else.

**Text: The ultimate sex checklist**

Sure, skipping the odd brekkie, scoffing an extra bar of chocolate and ‘forgetting’ your PE kit to get out of gym may seem harmless enough, but it’s all those tiny lapses which can make the difference between looking good and looking like you’re suffering. (Bliss July 1996)

Since ‘forgetting’ is in scare quotes it signals that this is a deliberate action but to make sense of this we need to do some inferencing work. We need to draw on our existing knowledge of the world to come up with a reason why young women might ‘forget’ their PE kit. Presumably this is because they do not want to do PE when menstruating. This view is presented as common sense and likely to relate to the experience of many women, but when subject to scrutiny there is nothing ‘natural’ about the practice, rather it is culturally constructed. Ironically, many current advertisements for sanitary towels and tampons actually construct a subject who engages in physical activities, e.g. skateboarding when menstruating (see Mills 1997: 12). The following reference from the same text seems to acknowledge such adverts.
OK – so there’s nothing you can’t do when you’ve got your period. . . .

[emphasis as in the original text]

When writers make reference to other, prior texts, as in the above example, this is known as intertextuality.

Scare quotes can also be used as a way of endorsing an expression, which is possibly the case with the next example from Text: ‘The ultimate sex checklist’.

So before you decide to ‘do it’, give yourself the third degree with this questionnaire. . . .

Here the words ‘do it’ are likely to be a euphemism for sexual intercourse which the text producer believes the implied reader to be familiar with. Euphemisms are a polite way of avoiding embarrassment by indirectly referring to topics which are taboo in society.

The relationship between the text producer and reader

Text producers often mimic the speech patterns of the implied reader with a view to establishing common ground between them. The following examples are from ‘The ultimate sex checklist’ previously referred to – ‘serious fast forward’, ‘flip out’, ‘freak out’, ‘mega make-out session’. Fairclough (1991) refers to informal styles as the ‘discourse of the life-world’, in other words the language of ordinary life. This can be contrasted with ‘official discourse’ which is more formal. Within the same text there can be a mixture of both discourses. In Text: ‘The ultimate sex checklist’, dealing with the topic of safe sex, the official, formal term ‘condom’ is used on one page and the unofficial, less formal term ‘love glove’ is used on the next to refer to the same item. This mixture of discourses creates an air of credibility which at the same time is less authoritarian in tone.

From the magazines examined in this unit it can be seen that the relationship between the text producer and the reader has been one of informality and friendship. In minimising the social distance between them, the text producer is in a powerful position to mould a like-minded reader. The relationship, however, is not symmetrical – it is always the text producer who has the authority to command the reader to do things and never the other way round.
The ultimate sex checklist
Hold the sex!
Don’t even think about saying yes to him until you’ve said yes to these eight questions!
(It’s Bliss July 1996)

It is the text producer who supplies the knowledge which the reader is thought to be in need of:

Late summer seems to be the time when some of the freshness has gone from the garden and the plants can, quite frankly, look a little bit tired.
So, in this issue, I’ll be introducing you to some real stars which will bloom right on into autumn and I’ll also give you some simple ideas on how to revamp a boring patio with decking and beautiful plants.
(Bella 25 August 1998)

The editorial
Many magazines contain a letter from the editor to readers. The purpose of the editorial is to introduce the magazine’s contents, but it also gives the text producers the opportunity to address their readers directly. The reader synthesised is someone who is thought to share the same views, attitudes and beliefs as the text producer. The length of editorials varies as may be seen from Texts: ‘From the editor’ and ‘Editor’s Letter’. The editor’s letter has its own particular style which corresponds to the style of the magazine.
Cosmopolitan from the editor

We at Cosmo pride ourselves on bringing you the information and inspiration you won’t find in any other women’s magazine, which is why 26 years after our launch, we’re still the best-selling young women’s magazine in Britain. And we know from your letters you can’t get enough of our unique insights into men, not only what makes them tick, but all their deep-rooted idiosyncrasies. That’s why, this month, we’ve devoted eight pages to the mysterious world of men. We enjoyed the best and the bravest male writers to divulge the kind of information they would never spill to any other publication. And I’m delighted to announce their secrets make eye-opening, provoking reading. Instead of the usual mag-stuff, like why men watch porn (which, obviously, doesn’t take a genius to figure out), Ben Edelman delves deeper and explains why your man wants you to watch porn with him. Rather than another article on why men fear commitment, Phil Robinson divulges the secret psyche of the single man. And if you’re convinced what a man really wants for his birthday involves lots of tongues, don’t go anywhere near him until you’ve read Roland White’s wonderful piece on page 92.

On the subject of men and tongues, Cosmo reveals the sex secret of the year that, once mastered, guarantees to make him yours for ever (if, of course, that’s what you want). And guess what? It only takes five seconds and not a single scented candle in sight! Find the details on page 108 – and please let us know how it transforms your sex life.

All that said, a growing number of women don’t want to be bothered with the time-consuming business of understanding the male mind. Many women today are quite happy, thank you, to have male company to carry their luggage through airports, give them a mind-blowing orgasm, escort them to fabulous black tie parties, put up a shelf (which of course they could do but, hey, life’s too short) or just accompany them to the pub, but as for the sexual politics… forget it. On the strength of this, our feature entitled A Man For All Seasons (page 98) makes compelling reading. Oh, and don’t forget to jot down the telephone numbers and e-mail addresses we’ve generously given at the end of the article.

As September is the big fashion month of the new season, we’re delighted to bring you a comprehensive, new style round-up, with a bumper 37 pages of fabulous clothing you’ll want to wear. We’re also thrilled to offer every Cosmo reader a 15 per cent exclusive discount at Dorothy Perkins for your inevitable forthcoming shopping sprees.

And to add to the most exciting magazine package on the shelves this month is a wonderful, free beauty magazine in association with our friends at Oi! of Ukip, called Great Skin, Hair and Make-up at 30, 40, 50. Featuring everything you need to know to guarantee good looks now, and 10 years from now, it’s truly indispensable.

Here’s a tip: make sure you reserve your copy of October Cosmo when we’ll be giving away free to every reader The Cosmopolitan Bestseller Book Of Organisms. Excited? You will be. See you there!
Activity

‘From the editor’ and ‘Editor’s Letter’ are editorials from two different magazines. Can you identify the subject position of the implied reader? How is language used to mediate the relationship between the text producer and reader? The following questions, adapted from Talbot (1992), may help:
Page 77

- Who is speaking to whom? What pronouns are used?
- What identity(ies) does the text producer construct for themselves? Look at modality – is she confident or hesitant in what she says?
- What assumptions does the text producer make about the reader? Are there common-sense views which the reader is presumed to share?
- Who does she think the reader is? Are there any presuppositions, e.g. claims about the reader which the text producer could not possibly know?
- Is the text producer being friendly? Are conversational features used such as adjacency pairs?

Commentary

It can be seen even from the header that each letter has a distinctive style. The *Cosmopolitan* text begins ‘From the editor’ which is actually a designation (signing off). If the reader wished to be difficult she could ask ‘What from the editor?’ Presumably the motive for putting it this way is to sound caring, as though the reader is being given something. The *FHM* heading is more matter-of-fact: ‘Editor’s letter.’

The editor of *Cosmopolitan* speaks on behalf of the production team using the pronoun ‘we’. She attempts to make herself and the team more familiar to the reader by abbreviating the title to ‘Cosmo’. In contrast the editor of *FHM* speaks to the reader in the first person singular but changes address form to include the rest of the team when he talks about the contents of the magazine.

In *Cosmopolitan* there are conversational features: ‘And guess what?’ Also exclamations: ‘Oh, and don’t forget. . .’ The editor also emulates the latest in-group sounds – ‘d-u-u-r-r-r’ (used to signal something obvious) – to show that she is on the same wavelength as the reader. The editor of *FHM* also chooses lexis which is likely to be used by the implied reader: ‘scrotes’ and ‘runt’. The meaning of ‘runt’ in this context is clearly not ‘the smallest and weakest young animal in a litter’. There are also conversational features. ‘These aren’t just bored young scrotes with mischief on their minds; no, these miscreants are a new breed of psychopathic little runt . . .’ ‘No’ is used for emphasis in informal conversation. Characters are given nicknames, ‘heroic silvertops’, Bertrand “Jimmy” James and legendary wrinklies’, to make these figures sound more familiar to the reader.
The tone of the *Cosmopolitan* letter is self-congratulatory concerning the success of the magazine’s formula and incorporates the readers’ apparent satisfaction with the magazine by referring to letters which they send in. The *FHM* letter is a first person narrative account of the editor’s childhood. The tone of the letter is one of self-mocking irony as he recounts the male juvenile pastimes of ‘throwing conkers at passing cars’ and ‘pushing flaming turds through people’s letterboxes’, which of course the reader will recognise as ‘harmless’ fun.

The ideal reader of *Cosmopolitan* is a young woman who is heterosexual. We know that she is a young woman because this is explicitly stated: we’re still the best selling young women’s magazine in Britain.

It is presupposed that the reader is in a heterosexual, monogamous relationship: Ben Edison delves deeper and explains why your man wants you to watch porn with him.

The reader is presumed to share the magazine’s preoccupation with men: you can’t get enough of our unique insights into men. The reader is the novice who does not understand ‘the mysterious world of men’ and the text producer is the expert who is in a position to enlighten her. The text sets up opposition between the sexes but also acknowledges changes taking place in society: a growing number of women don’t want to be bothered with the time consuming business of understanding the male mind.

The ideological messages of texts will be considered in more detail in Units six and seven.

The ideal reader of *FHM* is able to infer that there is a stigma attached to being male and being beaten by someone younger and smaller than themselves. We know that it is a male who is addressed: And, seeing as you never know when you’re going to be confronted by pre-pubescent hooligans, you should take special notice of the section on subduing a pint-sized assailant. You might just save yourself an embarrassing beating.
since women in our society are not expected to nor indeed encouraged to fight. Although the reader will already have purchased the magazine, both editors go to great lengths to persuade the reader that their magazine is better than its rivals. The Cosmopolitan editor refers to seeing the reader whereas the FHM editor compels the reader to ‘enjoy the issue!’ Both letters are personally signed. The photographs accompanying the letters add to the personal touch but differ in that Anthony Noguera looks directly into the camera with a slightly bemused expression. Mandi Norwood gazes off into the distance, smiling. Despite their different styles it is likely that both letters are effective in establishing a relationship with their respective readers.

**Resisting subject positions**

In any textual analysis it is important to consider the role of the reader in taking up or resisting the subject positions on offer. For some readers this would be extremely easy, for example, a woman reader would recognise instantly that an utterance such as ‘Tired of hearing the missus moan about “women’s problems”?’ is not addressing her. An adult, heterosexual male, on the other hand, would have no such difficulty even though he may not be in agreement.

Elizabeth Frazer (1997) found from her analysis of the transcripts of girls discussing Jackie magazine that they ‘strongly suggest that a self-conscious and reflexive approach to texts is a natural approach for teenage girls’. We all bring our own particular ‘baggage’ to an interpretation of a text, which may be influenced by our age, sex, class, ethnicity and race. In analysing texts the notion that there is one valid and unitary meaning of a text ought to be critiqued. The unequal relationship between the text producer and reader has been highlighted but it must be remembered that the reader is the one who is ultimately in control since she can stop reading at any time and can switch loyalty from one magazine to another at whim.

**Extension**

You might like to carry out your own analysis of a text then ask a fellow student to analyse the same text and compare them. It is unlikely that you both will come up with exactly the same interpretation. In your comparison what points did you have in common? What differences emerged?
Summary
There are a range of techniques which writers use to engage with the reader in constructing subject positions for themselves and the reader. In this unit we have looked at pronouns, conversational features, pre-supposition, common sense and modality. These are not the only ones available but some of the most commonly used.
The discourse of magazines

Aim of this unit

The aim of this unit is to explore some of the linguistic devices which enable whole passages from magazines to work in meaningful ways. This will involve analysing the way language features work across the boundaries of single sentences to form whole texts. Magazines are regarded as quite ‘bitty’ texts yet this does not pose a problem for the reader because, generally, there is a coherence present which is achieved in several ways. Before outlining what these are, it would be helpful to explain how the term discourse will be used in this unit.

Discourse

Mills (1997) explains the complicated history of the term and how it is used in different ways by a number of disciplines, e.g. linguistics, psychology and literature. For the purpose of this unit, discourse will be used in two ways. First, in relation to extended stretches of language, whether written or spoken, discourse is used to refer to the internal organisation of the text which gives it coherence. To get a sense of how the text is organised it can be useful to look at cohesive ties, some of which will be outlined below.
Linguistic determinism: ideological viewpoints

The second sense in which the term will be used is in relation to the ideological stance taken by the text producer. The Sapir-Whorf hypothesis suggests that the language we speak may influence or determine the way we perceive the world. The text producers of magazines present a particular view of the world as they see it and attempt to get others to see it that way too. We also talk about discourses in relation to specific social institutions, e.g. the discourse of education. What this is referring to is the way certain areas of social life, in this case education, produce utterances and practices which have particular meanings in relation to the context of the institution. For example, the practice of grading pupils according to their ability just seems to make good sense and is rarely questioned. This is something which has developed within education and is therefore socially constructed. In this unit we will consider the discourse of magazines both in relation to the organisation of the text and the practices of text producers.

Text

Text is a term which has been used throughout the book without explanation, so it might be a good idea to look at what this term entails. The core textbook Working with Texts provides a useful metaphor arising out of the etymology (the source and development) of the word:

The word text itself originally meant ‘something woven’ (Latin texere, textum - ‘to weave’), and you can see a relationship between text, textile (‘capable of being woven’) and texture (‘having the quality of woven cloth’). Written language is also often referred to as ‘material’.

(Carter et al. 1997: 166)

If we think of texts as woven material, then we could say that the fabric of magazines resembles a patchwork quilt. We will examine the ways in which magazine text producers manipulate different aspects of language to give their material texture.
Tracing patterns in language

The following activity involves reassembling two features from two different magazines. One is from *Cosmopolitan*, ‘Get Eurosavvy!’, and the other is from *FHM Bionic*, ‘The icy plunge’. Sentences taken randomly have been mixed together. Try to reconstruct the two features; then check by looking at the originals on pp. 89–90. The features are not complete, only the first two paragraphs are used. Here’s the first sentence of each to get you started: ‘Europe’s cool’ and ‘Canyoning is a summer sport’.

**Activity**

1. After all, jumping off a cliff into churning icy water is behaviour suitable only for the insane – so I’ve decided that I may as well go the whole hog.
2. Europe’s cool.
3. Canyoning is a summer sport. Therefore, obviously, I’ve chosen a severe blizzard in mid-November to give it a go.
4. British music no longer has the monopoly on cool and who says French or Italian designers are best?
5. We demand adventure, excitement and allure.
6. We want interesting sounds, exotic tastes and sexy freedom – and we want it this weekend please!
7. But amazingly, at the Cascade d’Angon, above the village of Talloires and Lake Annecy in southern France, there is no shortage of fear junkies and thrill-seekers eager to take the plunge themselves.
8. Boundaries are breaking down, so are old rules.
9. Sixty metres sheer drop down a smooth limestone chute, an icy stream pours down from the French Alps.
10. Modern women ignore the sceptics and reap the benefits of the Continent; we’re looking outside ourselves and our country for our kicks.
11. A rickety guard-rail is all that keeps you from plummeting into unseen depths.
12. We’re as likely to go to a hen party in Barcelona as in the local Spanish restaurant, as happy about being seconded to the company’s Milan office as its Manchester subsidiary.
13. The chute is hidden deep in a canyon whose only access is via a narrow path notched into the limestone cliff-face.
14. There’s never been a better time to immerse yourself in the thrill of being part of the most exciting continent on earth – the home of couture, culture and cappuccino.
1. And the deluge carries on for another 30m before tearing into the pool below.
2. As the path reaches the waterfall – at roughly halfway – a hissing plume roars straight out of a hole in the sky some 30ft above.
3. There are glorious opportunities to be had, and they’re all just a train ride away.
4. What are you waiting for?
5. Not only are we ready to embrace Europe, we can imagine ourselves living there.
6. Nearing the rickety fence for a peek over the edge turns my usually hearty stomach to a pit of nausea. And I feel only a calm regret as I mutter a vague, desperate plea to the Lord and stumble towards it trying not to think about the jump I’m facing.

You will probably find that you were able to separate the texts quite easily and to reconstruct them without too many mistakes. The reason you were able to do this is because each text has distinct patterns running through it that help the reader to make sense of it. One of the strategies you used was your understanding of words and phrases in the English language. In particular, your awareness of the relationships between words. This is referred to as lexical cohesion.

**Lexical cohesion**

Lexical cohesion refers to the way aspects of vocabulary link parts of texts together. Some of the lexical patterns are:

- Direct repetition (exactly the same word repeated)
  - *Cosmopolitan* We want . . . we want
  - *FHM Bionic* chute . . . chute

- Synonyms (words with very similar meanings)
  - *Cosmopolitan* demand . . . want
  - *FHM Bionic* jump . . . plunge

- Superordination (where one word encompasses another in meaning)
A much more general aspect of lexical cohesion is the use by writers of particular semantic fields. This means referring to a specific area of experience or knowledge. In the feature from *FHM Bionic* ‘The icy plunge’, the semantic field is canyoning: ‘cliff-face’, ‘chute’, ‘canyon’.

The patterns of word choice in the texts are centred around adventure and thrills. Similar words are used to describe two entirely different types of experience. The *Cosmopolitan* text is about ‘knowing where to shop, what to say, how to party and where to play’. The *FHM Bionic* text is about a different type of activity, canyoning; a sport for ‘adrenalin junkies’ that seems to exclude women since only men are featured in the text.

**Grammatical cohesion**

Your understanding of grammatical structures is another strategy which helped you to reassemble the texts. The way that grammatical features are woven across sentence boundaries is referred to as grammatical cohesion. Some of the grammatical patterns are:

- Reference

This tells the reader that they can only make complete sense of the word or structure they are looking at if they look elsewhere in the text to get a fuller picture. Particular words are used for reference purposes:
Personal pronouns

These are words that can substitute for nouns, e.g. ‘I’, ‘you’, ‘he’, ‘she’, and ‘it’. In Text: ‘The icy plunge’, ‘there’ acts as a pronoun which refers to something coming later (this is referred to as cataphoric reference):

. . . there is no shortage of fear junkies and thrill seekers eager to take the plunge themselves.

When the pronoun refers back to something, this is called anaphoric reference:

Canyoning is a summer sport. Therefore obviously I’ve chosen a severe blizzard in mid-November to give it a go.

‘It’ refers back to canyoning. Imagine how repetitive texts would be if we didn’t have such terms:

Canyoning is a summer sport. Therefore obviously I’ve chosen a severe blizzard in mid-November to give canyoning a go.

Sometimes the reader has to look for information outside of the text, this is referred to as exophoric reference. An example of this is when the pronoun ‘you’ occurs in a text, the reader knows they are to insert themselves as the reference point. Text: ‘Get Eurosavvy!’ uses the reflexive pronoun:

Europe’s cool. There’s never been a better time to immerse yourself in the thrill of being part of the most exciting continent on earth – the home of couture, culture and cappuccino.

When the text is completely self-contained, i.e. not needing any support from outside, this is referred to as endophoric reference. This is so rare in magazines it was difficult to find an example.

Demonstrative reference (deictics)

Another type of reference is signalled by words such as ‘the’, ‘this’, ‘that’, ‘these’, ‘those’, ‘here’, and ‘there’. These are referred to as verbal pointers because they tell the reader where something is, as in the example from Text: ‘Get Eurosavvy!’
Not only are we ready to embrace Europe, we can imagine ourselves *living there.*

Look through the two texts for some more examples of words which point something out.

- **Comparative reference**
  Comparative reference tells the reader not just to look elsewhere in the text but to look with a specific purpose in mind.

  There’s never been a **better** time to immerse yourself in the thrill of being part of the **most** exciting continent on earth — the home of couture, culture and cappuccino.

  Comparatives are the second term in a three term system of comparison, e.g. good/better/best. Superlatives are the third term, e.g. exciting/more exciting/most exciting. In these examples the reference point is omitted. What is the effect of this?

- **Substitution and ellipsis**
  Substitution, as it suggests, means that the writer has substituted one item for another, for example ‘deluge’ stands in for ‘a hissing plume’.

  — a hissing plume roars straight out of a hole in the sky some 30ft above. And the deluge carries on for another 30m before tearing into the pool below.

- **Ellipsis**
  Surprisingly, missing something out can actually cause texts to cohere.

  After all, jumping off a cliff into churning icy water is behaviour suitable only for the insane — so I’ve decided that I may as well go the whole hog.

  In the interests of economy of expression the text producer has not added ‘and jump off a cliff into churning icy water’. Meaning is not obscured since the reader can easily fill in the gaps.
Page 88

Conjunctions

Perhaps the best known form of joining parts of texts together are through the words used specially for this purpose, known as **conjunctions**. There are two types of conjunctions: **co-ordinating** conjunctions, e.g. ‘and’, ‘but’ and ‘so’:

Boundaries are breaking down, **so** are old rules

and **subordinating** conjunctions which join subordinate clauses to a main clause, e.g. ‘after’, ‘although’, ‘until’ ‘when’, ‘whether’, etc. Look at the various uses of ‘as’ in the following example:

We’re as likely to go to a hen night in Barcelona as in the local Spanish restaurant, as happy about being seconded to the company’s Milan office as its Manchester subsidiary.
Get Eurosavvy!

136 ways to get on top in Europe

Doing the Continental means knowing where to shop, what to say, how to party and where to play.

Europe's cool. There's never been a better time to immerse yourself in the thrill of being part of the most exciting continent on earth—the home of culture, art and sophistication.

Boundaries are breaking down, so are old rules. British music no longer has the monopoly on cool and who says French or Italian designers are best? Modern women ignore the sceptics and snap up the benefits of the Continent; we're looking outside ourselves and our country for our kicks. We demand adventure, excitement and allure. We want interesting sounds, exotic tastes and sexy freedom—and we want it this weekend please!

Not only are we ready to invade Europe, we can imagine ourselves living there. We're as likely to go to a bar night in Barcelona as in the local Spanish restaurant, as happy about being seconded to the company's Milan office as its Manchester subsidiary. There are glorious opportunities to be had, and they're all just a train ride away. What are you waiting for?

12 FABULOUS EUROPHILES to know now—at least by sight

[Portraits of people]
The icy plunge

The sport of canyoning is heaven-sent for adrenalin junkies seeking a weekend top-up. FHM Bionic joins the crevasse-leapers in France

MINDS: RAY O'CALLAGHAN PHOTOGRAPHY: NICKY WOOD

The chute is hidden deep in a canyon whose only access is via a narrow path wedged between the limestone walls. A canyon gun is set to fire, keeping you from plummeting into unseen depths. As the path reaches the waterfall – at roughly halfway – a housing plummets straight out of a lake into the icy-snowy pool below. And the deluge carries on for another you before tumbling into the pool below. Nearing the sticky basin for a peak over the water myself, my normally hearty stomach cramps up in a pit of nausea. And I feel only a faint regret as I watch the image deplete and shuffle towards its final act to think about the joy I'm feeling. While we're here, we'd have been enough to absorb the impact, but with our pool almost frozen solid, there are hazards. Features of unwieldy ice swiftly disappear. It doesn't start to melt until the pooling water reaches the temperature of half-melt. The water now mingles with the water from the lake. I'm ready to get my feet wet. Sizing up the water, it's time to get in. We're now in the main basin, where the pool is almost frozen solid. We've been here before, but this time it's different. The water is much deeper, and the coldness is more intense. We're ready to dive in and feel the icy water envelop us. The water is cold, but we're ready for it. The icy plunge is an experience not to be missed. And we're ready to take it on. For those who are daring, this is the perfect adventure. The icy plunge is an experience not to be missed.
Activity
Look back at any of the texts you have worked with and try to find examples of lexical and grammatical cohesion.

The discourse of magazines
The next section will examine larger patterns relating to the social dimensions of the text, e.g. the ideological implications of the language choices made. Text: ‘The Importance of Being a Posh Footballer’, referred to in unit three, pp. 26–7 is a parody of a working-class newspaper. The story was commissioned, supposedly, to discover whether a ‘posh footballer’ was a possibility, but it seems to be more of an opportunity to lampoon working-class people.

Activity
You might attempt an analysis of Text: ‘The importance of being a posh footballer.’ Try to implement the suggestions made throughout the book. To get a sense of the ideological stance taken by the text producer, look in particular at points in the text where reference is made to class divisions in society. Also, are there any points where the magazine format is still present?

Commentary
The layout is that of a tabloid newspaper associated with working-class people. The images accompanying the written text are boxed in, which is typical of the newspaper format. The text is written in regular columns. There is no use of colour or variety in the font styles used. However, unlike most newspapers, the pictures are in colour. The title has been made to look like the Sun’s. Some of the poetic features referred to in unit two are present:

- **Rhyme** – Ginola says “Ooh la la” as football goes la-di-da.’ Here the text producer mimics the speech of middle-class people.
- **Pun** – ‘French polish’ is a play on words since this can be a treatment for good quality wooden furniture, again a class association. In the context of the feature it is referring to Ginola’s nationality and football skill.
Page 92

- Alliteration – ‘pukka players’
- Intertextuality – ‘The importance of being a posh footballer’ is a reference to Oscar Wilde’s play, *The Importance of Being Earnest*.

**Patterns of word choices**

It’s hardly likely that upper/middle-class people refer to themselves as ‘posh’, rather this is what they are known as in working-class circles. ‘Pukka’ is a word associated with the upper/middle classes. It came into the English language in the seventeenth century from Hindi, ‘pakka’, meaning ‘firm’. In English it means ‘genuine’ or ‘good’. ‘Gin Fizz’ is a drink associated with the upper/middle classes.

The magazine format is still present with the details of products supplied:

David Ginola wears Hawk overhead cagoule with reflective logo and taping, £75; colour block cargo pants, £45, both by Admiral. For details, see Stockists.

The subject position which the text producer constructs for the reader is someone who is familiar with the institutions mentioned: ‘Westminster’, ‘Eton’ and ‘Gordonstoun’. In fact, these places are so familiar they have become speaking subjects i.e. human qualities have been attributed to an inanimate form, a process known as *personification*:

Gordonstoun describes football as its ‘weakness’. . . .
Bryanston admits to having ‘no fixtures’. . . .
Rugby confirms that it’s not called that for nothing.

The text producer also appeals to the reader’s sense of nationalism by using the possessive pronoun: Football is *our* national game and footballers are *our* national heroes.

This close relationship is continued in references to other areas of social life which are thought to be shared by the reader:

They date *our* pop stars and TV personalities. . . .
In short, with their strong legs and seven-figure salaries, footballers are *our* new aristocracy.
The text reveals the snobbery of *Tatler* in labouring the point that footballers are usually from working-class origins. The examples cited are stereotypical and rely on the reader’s existing knowledge: Take, for example, the lager-fuelled antics of the pre-Priory Gazza. Or the black-eyed pictures of Ulrika Jonsson and Sheryl Gascoigne taken after arguments with their respective footballer partners. ‘The gin fizz-fuelled antics’ would not have quite the same ring. Although the feature is meant to be written from the viewpoint of the working class, albeit a parody, this group is not represented in a favourable light.

**Extension**

As you have seen, parodies are useful exercises since they do not attempt a faithful replication of the original, instead they present a caricature of the genre. You might like to try imitating the magazine format by writing an article on a topic of your choice. By exaggerating the form, this should highlight the structure of the text so far as its grammar, style and word choice are concerned.

**Summary**

This unit has attempted to illustrate the linguistic devices which cause texts to hang together by examining lexical and grammatical cohesion. It has also explored the concept ‘discourse’ and shown ways which language can convey the ideological stance of the text’s producer by their appeals to shared values and careful lexical choices.
Unit seven
Representations of women and men
Constructing femininity, masculinity and sexuality

Aim of this unit
The aim of this unit is to examine the processes whereby femininity, masculinity and sexuality are constructed through the language of magazines. The unit will take into account the changes currently taking place in society, for example, to reflect the impact that feminism has made and also that men are beginning to be addressed in ways which previously only women were. The unit will also explore the communities which readers are invited to join based on their consumption of commodities.

Unit two introduced the idea that magazines are a means of presenting ideal-reader images to which the purchaser can aspire. The notion that our social identities are constructed through language was introduced in unit five and some of the linguistic tools used were illustrated. We will attempt to relate these two concepts, but before doing so it must be noted that on reading a magazine, readers are already constituted in other discourses such as education, the example given in unit six. Although society has some very clear views about what constitutes appropriate femininity, masculinity and sexuality, these are by no means stable or unitary, so it might be more appropriate to refer to these in the plural – femininities, masculinities and sexualities.
Femininities and masculinities

What is understood by these terms? In unit four, on examining horoscopes, we saw a number of perspectives on what was considered to be appropriate feminine behaviour, for example, putting one’s own feelings to one side and caring about others. This can be contrasted with the editor’s letter from the male magazine we looked at, which presented a view of masculinity as aggressive behaviour, although it did so in a self-mocking, ironic way. Talbot (1998) suggests that we might turn ‘feminine’ into a verb, ‘to feminise’.

Femininity is articulated in and through commercial and mass media discourses, especially in the magazine industry and in the fashion industries of clothing and cosmetics. But most of all, it is articulated on women’s bodies, by women themselves. (1998: 171)

By turning femininity into a verb it highlights the active process whereby women readily engage in the various practices which are needed to make them appear appropriately feminine. A further point to make is that femininity is culturally specific. An example to illustrate this would be the recent media hype when the actor Julia Roberts was reported to have been spotted with visible underarm hair. Underarm hair on women in the West is considered by many to be unfeminine, yet in other cultures not to remove underarm hair is considered to be as normal as hair growth itself. Femininity is also historically specific. To illustrate this we could compare magazines from two different eras.

Activity

Text: ‘Knit a Jumper for your Dog’ is taken from a 1935 edition of The Girl’s Own Paper and Text: ‘Snog Guide’ is from a 1997 edition of J-17. Both texts are instructional and are aimed at young women. What differences are there in relation to constructions of femininity?
Knit a Jumper for Your Dog

Many girls can knit such nice woolly jumpers for their dogs, and it is just as easy to make them for small dogs who will be so grateful when the icy winds blow.

Of course, some small dogs have thick hairy coats of their own and don't need anything more, but there are several little fellows with very thin ones who feel the cold very much, and to buy them proper cloth coats cost quite a lot of money. Then there is always the chance that one day Little Fido will take it into his head to have a good roll in the mud and his beautiful cloth coat with its smart tailor will be a sad sight.

But if you wear a woolly jumper you can just give him what you think of his naughty ways, pop the jumper in the wash tub, and out it comes as good as new.

Even if you have never done much mending, you have only to follow these directions carefully and you will feel it is not difficult to make a dog's jumper.

Supposing you want one for a dog about the size of a Cocker Spaniel, you will need 2 oz. of wool suitable. A dark brown colour is a very nice choice.

Don't make such heavy ones, or the dog won't be a bit grateful.

Jane Bevan.
Commentary

Text: ‘Knit a Jumper for your Dog’, believe it or not, is indeed a set of instructions for making the said garment. Although the tone is similar to that found in modern magazines, the voice of a friendly expert, modern readers would no doubt think the text is a joke. This is largely due to the absurdity of the activity, but also due to the language used by the text producer, which seems to fit the stereotypical patterns of ‘women’s language’ as proposed by Lakoff (1975). According to Lakoff, women use more of certain features which makes their language lack forcefulness. It is important to note that her observations have not been substantiated by empirical research. The features present in the text are:

- Forms which convey impreciseness, e.g. ‘such’:
  Many girls can knit such nice woolly jumpers for dolls, and it is just as easy to make them for small dogs who will be so grateful when the icy winds blow.

- Forms which express emotional rather than intellectual evaluation:
  Then there is always the chance that one day Little Fido will take it into his head to have a good roll in the mud and his beautiful cloth coat with its smart braid will be a sad sight.

- Intensifiers: for example, ‘so’ in ‘so grateful’.

- Diminutives (to convey the meaning small or to express affection): e.g. ‘several little fellows’.

- Qualifiers: for example, ‘a bit’ in ‘he won’t be a bit grateful’.

- Politeness: for example, ‘a little lady dog’ (a polite way of avoiding ‘bitch’), also ‘under her tummy’ (avoids stomach).

- Hedging: for example, ‘supposing’ in ‘Supposing you want one for a dog about the size of a Cairn Terrier.’

The text producer’s expectations of the readers are that they are young women with lots of time on their hands and not much in the way of entertainment. Not only does the text convey a very patronising attitude towards the reader, incredibly, it has homophobic undertones in relation to the dog: ‘Don’t ask him to go out in pale pink or sky blue – you never know what dogs say to each other –.’ No doubt some people do talk to animals but usually this is spontaneous, they’re not told what to say.

Text: ‘Snog Guide’ is a set of instructions for a different kind of activity, ‘snogging’. On scanning modern magazines aimed at young women, there is an absence of craftwork to enable a true comparison to be made. This is hardly surprising given that the motivation of modern magazines is to encourage the consumption of ready-made commodities.
You will see that the language of the text producer is quite different. Although the tone is still friendly, the relationship seems to be more on a level with the reader. The text producer attempts to use the language of the reader which is quite informal: for example, ‘bonce’ instead of ‘head’, ‘peepers’ instead of ‘eyes’. There are colloquial expressions, ‘get to grips’. There are examples of informal grammar – ‘kinda’ instead of ‘kind of’ and ‘wanna’ instead of ‘want to’. There are also some traces of so-called ‘women’s features’ – the expressive form ‘Little whispery, butterfly kisses’ – and imprecise forms – ‘Naughty, not-quite nibbles’. However, these are countered by the behaviour being advocated which is still fairly rebellious, even by today’s standards. Before we get complacent, however, young women are still being told what to do and we must also question whose interests are being served by young women improving their ‘snogging’ technique.

Of course, all of the above points in relation to femininity can be said of masculinity. Men too are constantly being invoked to work towards achieving and maintaining their masculinities. It is well documented that the contents of magazines are not randomly selected and that market researchers have sophisticated methods of studying consumers. They pass this information on to editors who can then provide what the public have been shown to desire. This is a complex process, however, since it is never clear which came first, the desire or the compulsion to desire.

As already stated, magazines are underpinned by advertising revenue, which can easily be illustrated by how much space is given to advertisements. As a consequence, advertisers have an influential role in deciding the content of magazines. It was pointed out in unit two that a current trend in magazines aimed at women and men, both teenage and adult markets, is the intensification of interest in the topic of sex. Being attractive to the opposite sex, it is suggested, involves a certain amount of labour and the consumption of numerous goods which readers are encouraged to purchase through advertising and various features. The question of the magazine’s content and the consumption of goods are therefore intricately linked.

**Constructing femininities and masculinities: the advertorial**

Advertorials are features which are specially written to encourage consumption of the products mentioned in them.
Pulse

Scrub it!

Splash your face every morning with warm water and a bit of gunky soap is only going to give you blackheads and a nasty rash. Here's how to take proper care of your boat.

1. Use a cleanser
   Wash your face every day using a cleanser and soap or cleanser gel. This will clear your skin of all the dirt and oil that has built up during the day.
   - Normal skin: Avon Clear Break
   - Oily skin: Clear Skincare
   - Sensitive skin: Eucerin

2. Wipe with toner
   After washing your face with a cleanser, use toner to use by the toner should be used after washing your face.
   - Normal skin: La Roche-Posay
   - Oily skin: La Roche-Posay
   - Sensitive skin: La Roche-Posay

3. Scrub off dead skin
   Use a scrub to exfoliate the dead skin cells and open the pores. This will help to remove the excess oil and dirt from the skin.
   - Normal skin: Neutrogena
   - Oily skin: Neutrogena
   - Sensitive skin: Neutrogena

4. Point your blackheads...
   The black dots can be removed by using a blackhead remover. This will help to remove the dead skin cells and oil from the pores.
   - Acne skin: Neutrogena
   - Normal skin: Rimmel
   - Sensitive skin: Eucerin

5. ...or uncover the beastards
   If your face is covered in whiteheads, use a whitehead remover to remove the dead skin cells and oil from the pores.
   - Normal skin: Rimmel
   - Oily skin: Neutrogena
   - Sensitive skin: Eucerin

6. More to use a face mask
   It's all the best when you use a face mask. This will help to moisturize and tone the skin.
   - Normal skin: Rimmel
   - Oily skin: Neutrogena
   - Sensitive skin: Eucerin

7. Finish with moisturizer
   Use your favorite moisturizer to keep your skin hydrated throughout the day.
   - Normal skin: Neutrogena
   - Oily skin: Neutrogena
   - Sensitive skin: Neutrogena

**SKINCARE STOCKISTS**

- Neutrogena
- Rimmel
- Eucerin
- La Roche-Posay
- Avon Clear Break

*For more information, visit our website at www.pulse.com*
Brand nude
Dare to go bare with the new take on all that's natural.

As seen at: Calvin Klein, Anna Molinari, Yves Saint Laurent, Louis Vuitton, Marc Jacobs.

It's confirmed: Yves Saint Laurent confirmed. Even if you have little time to spare and aren't too enthusiastic to spend hours in front of the mirror. Why Yves saying: "There's a new take on all that's natural, at some women still dream to wear it with a look of their own. But the awareness is wider now because it turns the current vision of America's" says Karl Lagerfeld, made-up October at St James. "They're now starting to create a new look. It's a work, a look, a mood, it has personality and looks different."

How to pull it off
This season, natural really means natural.
"It's not a natural makeup," says Linda Evangelista. "Not we can still get away with a few spots without anybody realizing we're doing anything at all.

"To make it slightly different this season, I decided on a glossy eye. I used a golden brown cream with Elizabeth Arden's Light Bronze Cream and massaged it across the lid. It was very subtle and very noticeable on the models' faces. There was minimal conceived to hide the blusher and a lip balm to take the colour out of the mouth," says Evangelista. If you do little else, pay attention to the brows and lashes - two key elements of the look. A lack of mascara and a touch of brown-colour will frame and lift the face."

What lip and lip liner.
Activity

Compare texts: Pulse from FHM with Brand nude from Cosmopolitan. How is masculinity constructed in 'Pulse'? How is femininity constructed in 'Brand nude'? You might find the checklist supplied in unit five helpful.

Commentary

Text: Pulse

Layout

There is a mixture of written text and visual images. The largest image is in the top left-hand corner and shows an upper body shot of a male who has been soaked with water. The written text which anchors the image says: 'Leonard easily took Gold in the freelance spitting section.' This turns the activity of cleansing into a sport. Smaller images accompany the step-by-step instructions, each of which advertise a beauty product to be used in the routine. The header is a command 'Scrub it!' and the subtext refers to the imagined current washing habits of the reader: 'Sploshing your face every morning with warm water and a bit of gungy soap is only going to give you blackheads and a nasty rash. Here’s how to take proper care of your boat.'

The identity of the text producer

There are no pronouns to give a clue as to whether the text is singly or multiply authored. The writer appears to be an expert on cleansing, but attempts to make the feature friendly by using language with which the reader will be familiar. There is an attempt to entertain: 'boat race' is Cockney rhyming slang for face. The writer appears certain in her assertions: 'This will be specially pH balanced to match your skin type and so won’t aggravate it.' She is less certain in making assumptions about the reader’s knowledge of products available: 'You might have noticed products containing AHA (alpha hydroxy acid), a much hyped ingredient.' Presumably, if the reader already knows about such products, they wouldn’t need the expert advice of the text producer.
The identity of the reader

The text producer addresses the reader directly by using the pronouns ‘you’ and ‘your’ as though the reader is known to her. There is a pre-supposition that the reader’s current practice is to ‘splosh’ their face, whatever this might mean. It is also assumed that they would not like to be caught in the act of cleansing: ‘Do it in the bath because (a) no one will see you, and (b) the steam will help the mask to work better.’ The text producer also puts the reader in the picture on a presumed misapprehension: ‘The black dot you see isn’t dirt – the oily plug turns black when it’s exposed to air.’ It is as though the reader has said ‘the black dot is dirt’.

Text: Brand nude

Layout

Again there is a mixture of written text and visual images. A large photograph of a model’s face appears in the top right-hand corner of the page. There are four similar images which are smaller and one of a model, presumably on a catwalk because she looks as though she is walking. This is not boxed but has the text wrapped around it. The header ‘Brand nude’ is a pun on the phrase ‘brand new’. ‘Nude’, in the context of the article, refers to a practice in makeup which is for the wearer not to look as though she is wearing makeup. The reader is caused to think about ‘new’ as in the latest trend in fashion. The subtext, ‘Dare to go bare with the new take on all that’s natural’, dares the reader to go without makeup. There are three subheadings: ‘Essential for’, ‘Why it works’, which presupposes that the reader is going to be asking these questions, and the third one, ‘How to pull it off’, presupposes she will ultimately want to have a go. Some of the written text is colour co-ordinated to complement the ‘natural look’.

The identity of the text producer

The writer is someone who has insider knowledge of what is happening behind the scenes of the catwalk. She has access to others who are ‘in the know’ and quotes their views ‘‘There’s always a demand for a natural look . . .” says Linda Cantello, make-up artist at Jil Sander.’ The reader is presumed to know that Jil Sander is a leading fashion designer. The writer is assertive in what she says: ‘This season, natural really means natural.’
The identity of the reader

Again the reader is personally addressed. Since she is ‘dare(d) to go bare’ it is presumed that women are reluctant to go without makeup, yet the number of products needed to achieve this ‘look’ is incredible. Statements such as ‘This season, natural really means natural’ acknowledges a taken for granted assumption that looks change from season to season. It also suggests that the utterance has been said before to the reader but half-heartedly. The reference to the natural look being essential for ‘Laid back confidence’ creates a link between how women look on the outside and what they feel on the inside.

Comparison of the texts

Both texts have in common an attempt to promote the products mentioned in that brand names and prices are included. In the men’s feature the stockists are also included, which suggests that men are thought to be unfamiliar with where to buy beauty products. Whereas men are urged to start a beauty regime, it is taken as axiomatic that women will already be engaged in such activities. Men are addressed as though they are likely to feel less masculine by engaging in beauty work. It is ironic that women are also being encouraged to do something but this time the attempt is to get them looking as though they are not engaging in beauty work. A double irony is that to achieve the ‘natural look’ they are being sold the same amount of products. The vocabulary choices are interesting in that men are told to ‘scrub’, a word which conveys an abrasive action, whereas women are told to ‘smear’: ‘I mixed a golden brown cream with Elizabeth Arden Eight-Hour Cream and smeared it across the lid.’

The material contained in the next few pages may prove too explicit for some readers since it presents the coverage in magazines of the topic of sex. You may want to skip this section but it should not adversely affect your reading of the rest of the book. Throughout this textbook there have been references to the apparent preoccupation of contemporary magazine text producers with the topic of sex. This seems to be the case whether the target audience is female, male, teenage or adult. It was felt that to write a book on the language of magazines without discussing a major concern would make it incomplete. The illicitness of the material on offer in magazines is usually heavily foregrounded by emblazoning it on the front cover, e.g. ‘The 5 second sex secret’ (Cosmopolitan). The next section will consider whether the text producers’ claims concerning the transgressive nature of the material has any merit.
Constructing sexuality

Position of the fortnight is a regular feature in More! which purports to inform readers of sex techniques. Although it is not directly linked to the sale of goods advertised in the magazine, in encouraging readers to become sexually active it supports an ideology which espouses that to become sexually attractive involves the purchase and consumption of beauty products.

It can prove interesting to examine the language which text producers choose when describing relationships or actions between women and men. In particular you could focus on the relationship between the verb (or verb group), the participants in the action, state or process and other elements of the clause. This is referred to as transitivity. Halliday (1985) devised a model for analysing transitivity. Transitivity is concerned with the clause which is made up of three parts:

1. The process, whether material, mental, or relational. Material processes involve verbs such as ‘walk’, mental processes involve verbs such as ‘think’ and relational processes relate items, e.g. ‘He is arrogant.’
2. The participants in the process.
3. The circumstances of the process.

Activity

Who is given the prominent role in the Text: ‘Position of the fortnight?’ To help answer this, look at the material processes, these involve ‘doing’. There are two possible roles, the Agent who ‘does’ the action and the Goal who is affected by the action:

The cat (Agent) chased (process) the dog (Goal)
The Agent is always present in the process but the Goal is optional:
The cat (Agent) meows (process) (no goal).

In clauses where both Agent and Goal are present, the Agent can be emphasised by the choice of active voice or the Goal may be the focus by becoming the grammatical subject and choosing the passive voice.

The cat chased the dog (active voice)
The dog was chased by the cat (passive voice)

Note that there is the option of deleting the Agent: The dog was chased.
**Text: Position of the fortnight**

**The roll-over**
Bust those post-hols blues with this sensuous, easy move.

**Getting it right**
Lie on your front with your legs apart. Keep your head and shoulders raised while leaning on your elbows. He lies between your legs and enters you, grasping you with one arm and gently rolling back so that you are both lying on your sides — still connected. Once you’re steady, lean a little on to your back and raise your bum so he can thrust without slipping out. Meanwhile, he can hold his weight up by putting his hand in front of your body and pushing up.

**What’s in it for you**
Total body contact and penetration and a feeling of luxurious comfort.

**Special requirements**
A relaxed mind and body.
*(More! 15–28 January 1997)*

---

**Text: Mind the leather**

**3 STAIRS**
Best position: She kneels on the second step from the top of the landing, bottom in the air, body bent forward, head resting on her hands and legs as far apart as stairs permit.

Technique: Enter your beloved from behind.

Advantages: This position permits all-round support and lots of handholds (other stairs, banisters) for grip and extra thrust.

Sensible precautions: Make sure you’ve got a firm grip — how are you going to explain lying naked at the bottom of the stairs to the ambulance crew? Friction or carpet burns can be painful (though providing trophies). It’s semi-public so make sure visiting grannies are not prowling after midnight.

*(Men’s Health July/August 1998)*

---

**Commentary**

In Text: ‘Position of the fortnight’, the reader must insert themselves into the text, as the Agent of several proposed actions which involve lying, raising, leaning, etc. However, in those processes involved in penetrative sex, it is the male partner who is most active:

He (Agent) enters (action) you (object)

This accords with the findings of other analysts that males are shown to act upon passive females in representations of sexual encounters.
Activity
You may like to compare the representation of sex in Text: ‘Mind the leather’, an extract from *Men’s Health*. You will have noticed that the points made in relation to transitivity are echoed in this text, e.g. ‘Enter your beloved from behind.’ Another aspect which the texts have in common is the taken for granted assumption that in sexual encounters one’s partner is of the opposite sex:

He lies between your legs. . . . (*More!*)
She kneels on the second step. . . . (*Men’s Health*)

The privileging of heterosexuality as the norm is widespread in texts relating to sexual acts. Incidentally, have you noticed how many everyday expressions contain sexual innuendos? Earlier in this unit it was stated ‘the reader must *insert* themselves into the text’. We might also say someone asked *penetrating* questions. If someone has been deceived they might be described as having been *screwed*. Words associated with sex provide easy material for the comedian’s double entendre.  

Summary
This unit has attempted to explore some quite complex and perhaps emotive issues, especially in relation to sexuality which is generally thought of as being fixed and assigned at birth. For some time now it has generally been accepted that society has a hand in the construction of femininity and masculinity, but similar theories concerning sexuality are still being widely debated. This unit has merely suggested to readers that an examination of the text producer’s choices in relation to transitivity often show that women are, as a matter of ‘common sense’, presented as passive, the *natural* opposite to men’s activity.
Amelioration 6 A process by which a word acquires increasingly positive meanings; for example, words such as ‘lord’ and ‘master’.

Coherence 57 A sentence or text is coherent when the ideas it contains make consistent sense to the hearer/reader.

Cohesion 84–8 The patterns of language created within a text, mainly within and across sentence boundaries and which collectively make up the organisation of larger units of the text such as paragraphs. Cohesion can be both lexical and grammatical. Lexical cohesion is established by means of chains of words of related meaning linking across sentences; grammatical cohesion is established mainly by grammatical words such as ‘the’, ‘this’, ‘it’ and so on.

Common sense 72 The taken-for-granted beliefs which a society holds.

Compound 13 A word formed from two existing words.

Conjunction 88 A general term which describes words which link sentences and clauses together, indicating temporal, spatial, logical and causal relationships. Words such as ‘and’ and ‘but’ are co-ordinating conjunctions. Subordinating conjunctions are words such as ‘when’, ‘where’, ‘which’. These join subordinate clauses to a main clause or to other subordinate clauses.

Connotation 2 The connotations of a word or concept are the associations it creates. For example, the connotations of December, mainly within British and North American culture, would be of ‘cold’, ‘dark nights’ and ‘Christmas parties’. Connotations are often either individual or cultural.

Contractions 23 The shortening of a word or group of words usually indicated by an apostrophe e.g. ‘I can’t’ instead of ‘I cannot’.
**determiner** 16 This decides whether the noun is definite (the) or indefinite (a). Words such as 'all' and 'many' are determiners.

**discourse** 81–2 A term used in linguistics to describe the rules and conventions underlying the use of language in extended stretches of text, spoken and written. (Such an academic study is referred to as 'discourse analysis'.) The term is also used as a convenient general term to refer to language in action and the patterns which characterise particular types of language in action; for example, the 'discourse' of magazines.

**ellipsis or elision** 16 Ellipsis refers to the omission of part of a structure. It is normally used for reasons of economy and, in spoken discourse, can create a sense of informality.

**etymology** 82 The history of a word's source and development.

**euphemism** 73 A way of avoiding causing offence when referring to society's taboos. Euphemisms are polite, indirect expressions, e.g. 'down below' to mean genitalia.

**genre** xi Another word for text-type. Examples of genre are report, review, essay.

**heterogeneity** 2 Composed of unrelated parts, or composed of elements which are not of the same type.

**ideology** 66, 82, 91 A body of ideas which reflect the beliefs of society.

**idiomatic phrases** 23 A sequence of words which function as a single unit of meaning and which cannot normally be interpreted literally e.g. 'going hell for leather', to produce the sense 'quickly'.

**inferencing** 72 Deducing a message from a statement when the message is not explicitly given.

**intertextuality** 73, 92 The way in which one text echoes or refers to another text. For example, an advertisement which stated 'To be in Florida in winter or not to be in Florida in winter' would contain an intertextual reference to a key speech in Shakespeare's *Hamlet*.

**linguistic determinism** 82 The idea that language influences a person’s concept of reality.

**modality** 70 A general term which describes unrealised states and possible conditions and the forms of language which encode them such as 'possibly', 'perhaps', 'could be', 'ought to be'

**modification: 15–16** **pre-modification** Words appearing before the noun, mainly adjectives or adjective-like words. **Post-modification** Words appearing after the noun.
nominalisation 23 Converting verb processes into a noun phrase, e.g. ‘A lorry shed its load on the M56’ becomes ‘Lorry-load shedding on the M56’.

pejoration 6 A process by which words increasingly acquire negative meanings. For example, the word ‘spinster’ has a basic meaning of unmarried woman, but has acquired pejorative connotations.

personification 45, 92 To attribute human characteristics to an inanimate or abstract form.

presupposition 69 Ideas or statements that are taken for granted in language.

scare quotes 72 Single quotations marks which are used to signal that the words belong to someone else or that there is something wrong with the expression.

sentence types: 16 minor sentence types These do not contain a finite verb or sometimes the subject is missing. They are often found in colloquial speech. major sentence types These contain a subject and one or more finite verbs

synthetic personalisation 68 The compensatory tendency of mass media text producers to treat each person addressed as an individual.

transitivity 107 Examining who does what to whom in verb processes.

verbs 17 finite verbs These are marked for tense, number, person or mood. non-finite verbs These do not vary in the same way as finite verbs, they stay the same no matter what is happening around them.
further reading
There aren’t any books which deal specifically with the language of magazines, but there are several useful texts from a range of sources:


If you are interested in first person narratives:

A good follow-up to the work on ideology:

For an analysis of reader-responses to magazines:

For investigating images:

If you want to explore further the notion of the text ‘population’:

On consumerism and femininity:

Pioneering texts on women’s magazines are:
references